Research supervisor: A.S. Gembaruk,

Candidate of Pedagogical Sciences,

Associate Professor

Pavlo Tychyna Uman State Pedagogical University

Research supervisor: I. A. Livandovska,

Senior Lecturer of Psychology,

## PSYCHOLOGICAL CHARACTERISTICS OF ADULTS IN CONTEXT OF LEARNING ENGLISH

Present development of European integration processes in Ukraine sets new priority areas of educational activity. One of these priorities is learning a foreign language, especially English. English is one of the most commonly used languages in the world, which is most often used in international events. In this regard, the English language remains among the priority for the learning of foreign languages not only by students but adults as well.

Thus, the aim of our article is to research psychological characteristics of adults in terms of learning English. In this perspective arises the problem of the psychological characteristics of mature adults. Having analysed the latest research and publications on the problem, we have come to the conclusion that several scientists have engaged in the study of psychological and psycho-physiological peculiarities of different age groups, including N.Gorbunova, L. Panova, O. Pometun, S. Shatilov, S.Maksimenko and others. Unfortunately, most scholars have paid attention in their studies to the particularities of teaching children of school age or students. The question of psychological peculiarities of adult education is not enough referred to. Only some of the features of adult learning of a foreign language are considered in the works of T. Grigoryeva, R. Efimova, G. Burdenyuk.

By mature adults we understand people of 40-60 years of age who have certain academic, career or business interests abroad. This age group is characterized by

intellectual, productive, professional, socially active and conscious attitude towards the surrounding world and himself. A person prior to this period is professionally competent, achieves certain skills and job titles, has considerable experience and a definite position in society. Nowadays a mature adult has a central place in the social and age structure of society, it focuses on the main levers of the state, social and economic mechanism [2, p.157-162].

On the other hand, this age group has its own psychological characteristics, which in affect the process of mastering some way any knowledge, including English. An adult person is able to critically analyze his or her own educational activity, he/she can independently determine the purpose of education, realizehis/her desires and opportunities, choose the methods, forms and means of training, evaluate and adjust the results of educational activity. Therefore, the awareness of these features and their proper consideration for the effective organization of the adult learning process in English is relevant.

The analysis of psychological and pedagogical scientific literature, as well as own experience, allows us to assert that during the period of mature adult life a person has accumulated considerable life and professional experience, which he/she has a desire to share. Motivational aspects of professional and career development are very advanced, and, therefore, in today's conditions, the motivation to learn English and the formation of English lexical competence are formed. Despite a certain decrease in some age-old psycho-physiological functions, intellectual abilities and verbal functions continue to develop actively during this period, which will contribute to the achievement of positive results in the study of English [1].

Thus, taking into account the psychological characteristics of adults we have come to the conclusion that a mature adult wants and can learn, develop and study a foreign language, in our case, the English language, and the accumulated experience (life, professional, communicative, linguistic) will help him/her to do it.

## References

1. Ефимова Р. Некоторые особенности обучения взрослых иностранному

- языку/ Р. Ефимова [Электронный ресурс] // Режим доступа: <a href="http://www.pglu.ru/lib/publications/University\_Reading/III/uch\_2008\_III\_00039.pdf">http://www.pglu.ru/lib/publications/University\_Reading/III/uch\_2008\_III\_00039.pdf</a>.
- 2. Learning with Adults: A Critical Pedagogical Introduction Leona M. English and Peter Mayo, 2012 Sense Publishers. 276 p.