

Міністерство освіти і науки України  
Житомирський державний університет імені Івана Франка

**В.І. Кулак, Д.В. Коваль, Т.В. Литньова**

**ІНСТРУКТИВНО-МЕТОДИЧНІ МАТЕРІАЛИ ДО ПРАКТИЧНИХ ЗАНЯТЬ  
З ОBOB'ЯЗKОВОЇ ОСВІТНЬОЇ КОМПОНЕНТИ  
«ІНОЗЕМНА МОВА ЗА ПРОФЕСІЙНИМ СПРЯМУВАННЯМ»  
для підготовки здобувачів  
першого (бакалаврського) рівня вищої освіти**

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**Рецензенти:**

**Ірина КРУКОВСЬКА** – кандидат педагогічних наук, доцент, завідувач кафедри природничих та соціально-гуманітарних дисциплін Житомирського медичного інституту Житомирської обласної ради

**Олена КУЗЬМЕНКО** – кандидат філологічних наук, доцент, доцент кафедри міжкультурної комунікації та іншомовної освіти ННІ іноземної філології Житомирського державного університету імені Івана Франка

**Світлана ХМЕЛІВСЬКА** – кандидат педагогічних наук, доцент кафедри іноземних мов Поліського національного університету

**Кулак В. І., Коваль Д. В., Т.В. Литньова**

**Інструктивно-методичні матеріали до практичних занять з обов'язкової освітньої компоненти «Іноземна мова за професійним спрямуванням» для підготовки здобувачів першого (бакалаврського) рівня вищої освіти освітньої програми «Спеціальна освіта (логопедія)».** Житомир: Вид-во ЖДУ ім. І. Франка. 2024. 96 с.

Інструктивно-методичні матеріали містять тексти і завдання, необхідні для проведення практичних занять з іноземної мови за професійним спрямування для студентів освітньої програми «Спеціальна освіта (логопедія)» соціально-психологічного факультету. Тексти та вправи подані для виконання тем у межах робочої програми. Матеріал розрахований на поглиблення фахових спеціальних та загальних комунікативних навичок студентів у процесі професійно спрямованого вивчення англійської мови.

Розрахований на студентів денної та заочної форми навчання.

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## ПЕРЕДМОВА

Інструктивно-методичні матеріали до практичних занять з обов'язкової освітньої компоненти «Іноземна мова за професійним спрямуванням» призначені для студентів соціально-психологічного факультету спеціальності 016 Спеціальна освіта предметної спеціальності 016.01 Спеціальна освіта (логопедія). Метою є вдосконалення навичок усного та писемного мовлення за допомогою автентичних текстів для читання, укладених відповідно до тематики вивчення курсу «Іноземна мова за професійним спрямуванням» на вказаному факультеті.

Зміст і структура інструктивно-методичних матеріалів відповідають тематиці другого модуля робочої програми навчальної дисципліни і вимогам до підготовки здобувачів першого (бакалаврського) рівня вищої освіти. Матеріал поділено на десять розділів, вивчення яких спрямоване на формування загальних і професійно орієнтованих комунікативних компетенцій.

Кожний розділ складається з тексту, який містить спеціальну наукову термінологію, та лексичних дотекстових, текстових та післятекстових вправ, за допомогою яких розвиваються навички говоріння, читання, письма, розуміння англійських текстів у межах поданих тем. Вправи дають змогу студентам закріпити нову лексику і розвивають вміння використовувати її в усному та писемному мовленні.

Матеріали до практичних занять пов'язані з актуальними питаннями в галузі спеціальної освіти, зокрема логопедії. Оволодіння новою фаховою термінологією і вміння практичного володіння іноземною мовою в різних видах мовленнєвої діяльності забезпечують здатність здобувачів вищої освіти до міжкультурної комунікації у сферах професійного і ситуативного спілкування в усній та письмовій формах.

## Unit 1

### «Travelling. Tourist Trail»

#### 1. Answer the questions (orally):

1. What is your dream travel destination and why?
2. Do you prefer to plan every detail of your trip in advance or go with the flow once you arrive?
3. What's your favorite mode of transportation when traveling: car, train, plane, or something else?
4. How do you stay connected with friends and family while traveling?
5. What is the most memorable cultural experience you've had while exploring a new place?

#### 2. Match the Following Words with Their Meanings:

##### Words (1-10):

1. Itinerary
2. Souvenir
3. Jet lag
4. Hostel
5. Attractions
6. Currency exchange
7. Departure
8. Backpacking
9. Boarding pass
10. Landmark

##### Meanings (A-K):

- A. A document showing a traveler's planned route or schedule.
- B. The tiredness and disorientation felt after a long flight across different time zones.

- C. A budget-friendly accommodation often chosen by budget travelers.
- D. A memento or keepsake purchased as a reminder of a trip.
- E. Places or sites of interest that tourists often visit.
- F. The process of swapping one country's currency for another.
- G. The point in time when a person leaves a place, especially for a journey.
- H. The document required for boarding a plane.
- I. Traveling with only a backpack, often emphasizing budget and simplicity.
- J. A place or object that is easily recognized and often serves as a guide for navigation.
- K. The system of money in general use in a particular country.

### **3. Read the text:**

#### **Exploring the World: The Joys and Challenges of Traveling**

Traveling is a transformative experience that opens our minds to different cultures, broadens our perspectives, and creates lasting memories. Whether it's a weekend getaway or a months-long adventure, the act of traveling brings with it a unique set of joys and challenges that contribute to personal growth and understanding.

One of the most exciting aspects of traveling is the opportunity to explore new destinations and immerse oneself in diverse cultures. Visiting historical landmarks, strolling through bustling markets, and trying local cuisine are not just activities; they are gateways to understanding the rich tapestry of the world. Every city becomes a classroom, offering lessons in history, art, and sociology that cannot be replicated in textbooks.

An essential part of the travel experience is the meticulous planning involved in creating an itinerary. Crafting an itinerary requires research, decision-making, and a balance between must-see attractions and spontaneous discoveries. This document not only serves as a roadmap for the journey but also as a record of the

traveler's preferences and interests. For a successful trip, flexibility is key, as unexpected detours can often lead to the most memorable experiences. However, along with the joys of discovery, travel comes with its own set of challenges. Jet lag, the fatigue and disorientation resulting from crossing multiple time zones, can temporarily dampen the excitement of arriving in a new place. Overcoming jet lag requires adjusting to local time gradually, staying hydrated, and allowing oneself time to rest, ensuring a smoother transition into the travel experience.

Accommodation is another crucial aspect of travel, and for many students on a budget, hostels are a popular choice. Hostels not only offer affordable lodging but also provide a unique social atmosphere, allowing travelers to connect with people from around the world. Sharing stories and experiences with fellow travelers can lead to lifelong friendships and a sense of community, making hostels more than just a place to rest.

While the joy of exploration is undeniable, the financial aspects of traveling cannot be overlooked. Currency exchange is a constant consideration, with travelers navigating the intricacies of converting money and understanding local currencies. Learning to budget effectively is a valuable skill for students, ensuring that they can make the most of their travel experiences without overspending.

One of the most thrilling moments in travel is the anticipation and excitement of departure. The moment when the boarding pass is in hand, and the journey officially begins. Departure is not just a physical movement from one place to another; it symbolizes a departure from the familiar and an embrace of the unknown. The emotions of excitement, nervousness, and curiosity blend together, creating a unique cocktail of emotions that sets the tone for the entire adventure.

For those seeking a more adventurous and immersive experience, backpacking is a popular choice. Backpacking involves traveling with minimal luggage, often relying on public transportation and staying in budget accommodations. This form of travel encourages independence, resourcefulness, and a deeper connection with the local culture. Backpackers often find themselves

more in tune with the rhythm of a place, forging a closer bond with the communities they visit.

In the age of technology, staying connected while traveling has become easier than ever. Smartphones, social media, and instant messaging allow travelers to share their experiences with friends and family in real-time. While staying connected is important for safety and communication, finding a balance between capturing moments and fully experiencing them is crucial. Sometimes, putting down the phone and immersing oneself in the present moment can lead to a more meaningful travel experience. As travelers explore new destinations, landmarks become guideposts and symbols of a city's identity. Landmarks, whether natural or man-made, offer a sense of orientation and pride for locals and intrigue for visitors. From the iconic Eiffel Tower to the ancient wonders of Machu Picchu, landmarks leave an indelible mark on the traveler's memory, serving as tangible reminders of their journey.

In conclusion, traveling is a multifaceted experience that goes beyond the physical act of moving from one place to another. It is a journey of self-discovery, cultural exploration, and personal growth. While challenges such as jet lag and budgeting may arise, the rewards of exploring new cultures, forging connections, and creating lasting memories make the journey worthwhile. Traveling as a student opens up a world of possibilities, offering valuable lessons that extend far beyond the classroom. So, pack your bags, embrace the unknown, and let the journey begin!

**4. Please read the questions and give the answers: True or false.**

1. Traveling only involves physical movement from one place to another.
2. Crafting an itinerary for a trip requires research, decision-making, and a balance between must-see attractions and spontaneous discoveries.
3. Jet lag can be easily overcome by staying awake for an extended period upon arrival in a new place.



4. Hostels are a popular choice for budget travelers, providing affordable lodging without any social atmosphere.
5. Backpacking encourages independence, resourcefulness, and a deeper connection with local culture.
6. Landmarks serve as guideposts and symbols of a city's identity, offering a sense of orientation for visitors but not for locals.
7. Finding a balance between capturing moments with technology and fully experiencing them is considered crucial during travel.
8. The text suggests that the financial aspects of traveling, including currency exchange and budgeting, are essential skills for students.
9. The thrill of departure symbolizes a departure from the familiar and an embrace of the unknown, blending emotions such as excitement, nervousness, and curiosity.
10. Staying connected while traveling has become more challenging due to the absence of smartphones and social media.

**5. Match the words (1-10) with their corresponding meanings (A-K):**

**Words:**

1. Itinerary
2. Flexibility
3. Jet lag
4. Hostels
5. Currency exchange
6. Backpacking
7. Landmarks
8. Departure
9. Immersion
10. Budgeting

**Meanings:**

- A. Adjusting to local time gradually after crossing multiple time zones.

- B. Staying in accommodations known for their affordable lodging and social atmosphere.
- C. Crafting a plan that includes must-see attractions and spontaneous discoveries.
- D. A set of activities and places planned for a journey.
- E. The act of exploring new cultures and fully engaging in the local environment.
- F. The financial planning and management of expenses during a trip.
- G. The excitement and beginning of a journey, symbolizing departure from the familiar.
- H. Independence and resourcefulness in travel with minimal luggage.
- I. Recognizable and significant points or structures representing a city's identity.
- J. The ability to adapt to changes and unexpected detours during a trip.
- K. The tiredness and disorientation resulting from crossing time zones.

**6. Fill in the Gap Exercises: "Exploring the World: The Joys and Challenges of Traveling"**

Exercise 1: Vocabulary

Complete the following sentences by filling in the gaps with the appropriate words from the text:

1. Traveling is not just a physical movement; it is a \_\_\_\_\_ experience that opens our minds to different cultures.
2. Crafting a detailed \_\_\_\_\_ involves research, decision-making, and a balance between must-see attractions and spontaneous discoveries.
3. Overcoming \_\_\_\_\_ requires adjusting to local time gradually, staying hydrated, and allowing oneself time to rest.
4. For many students on a budget, \_\_\_\_\_ are a popular choice, offering affordable lodging and a unique social atmosphere.

5. Backpacking encourages \_\_\_\_\_, resourcefulness, and a deeper connection with the local culture.

### Exercise 2: True or False

Determine whether the following statements are true or false based on the information provided in the text:

1. \_\_\_\_\_ Staying connected while traveling has become more challenging due to the absence of smartphones and social media.
2. \_\_\_\_\_ Landmarks serve as guideposts and symbols for both locals and visitors.
3. \_\_\_\_\_ The financial aspects of traveling, including currency exchange and budgeting, are not emphasized in the text.
4. \_\_\_\_\_ Jet lag requires adjusting to local time suddenly for a smoother transition into the travel experience.
5. \_\_\_\_\_ Departure symbolizes a departure from the familiar and an embrace of the unknown with various emotions.

### Exercise 3: Concept Matching

Match the concepts with their corresponding descriptions:

1. Immersion - The act of \_\_\_\_\_.
2. Hostels - Accommodations known for \_\_\_\_\_.
3. Landmarks - Recognizable and significant points or structures representing a \_\_\_\_\_.
4. Budgeting - The financial planning and management of expenses during a \_\_\_\_\_.
5. Flexibility - The ability to adapt to changes and unexpected detours during a \_\_\_\_\_.

## Exercise 4: Synonyms

Replace the underlined words with synonyms from the text:

1. Traveling is a transformative experience that \_\_\_\_\_ our minds to different cultures.
2. Crafting an \_\_\_\_\_ requires research, decision-making, and a balance between must-see attractions and spontaneous discoveries.
3. Overcoming jet lag requires adjusting to local time gradually, staying \_\_\_\_\_, and allowing oneself time to rest.
4. \_\_\_\_\_ is another crucial aspect of travel, and for many students on a budget, hostels are a popular choice.
5. In the age of technology, staying \_\_\_\_\_ while traveling has become easier than ever.

## Exercise 5: Reflection

Reflect on the following questions based on the text (orally):

1. What are the joys and challenges mentioned in the text regarding traveling?
2. How does the text emphasize the importance of flexibility in travel planning?
3. Why is immersion considered a crucial aspect of the travel experience?
4. How do landmarks contribute to the identity of a city, according to the text?
5. In what ways does backpacking encourage independence and a deeper connection with local culture?

## **7. Grammar way: Present Simple**

**Exercise 1: Fill in the blanks with the correct form of the present simple:**

1. She \_\_\_\_\_ (go) to the gym every day.
2. They usually \_\_\_\_\_ (eat) dinner at 7 PM.

3. He never \_\_\_\_\_ (watch) TV in the morning.
4. My sister \_\_\_\_\_ (live) in London.
5. We always \_\_\_\_\_ (take) the bus to school.

***Exercise 2: Choose the correct form of the verb in present simple:***

1. The sun \_\_\_\_\_ (rise/rises) in the east.
2. They \_\_\_\_\_ (don't/doesn't) like coffee.
3. She usually \_\_\_\_\_ (read/reads) a book before bedtime.
4. My brother and I \_\_\_\_\_ (is/are) students.
5. It \_\_\_\_\_ (snow/snows) in winter.

***Exercise 3: Make sentences using the given words and present simple:***

1. (John / play / basketball)
2. (She / not / like / vegetables)
3. (We / live / in a big city)
4. (Cats / sleep / a lot)
5. (It / rain / often / in this region)

***Exercise 4: Complete the text with the correct form of the present simple:***

Water \_\_\_\_\_ (cover) about 71% of the Earth's surface. It \_\_\_\_\_ (play) a crucial role in sustaining life. People \_\_\_\_\_ (depend) on water for various activities, such as drinking, cooking, and cleaning. Without water, life on Earth \_\_\_\_\_ (not exist).

***Exercise 5: Rewrite the sentences in the negative form:***

1. They eat lunch at noon.
2. She visits her grandparents every weekend.
3. I enjoy watching movies.
4. The bus arrives at 8 AM.
5. We play soccer after school.

***7. Vocabulary:***

<i>English</i>	<i>Ukrainian</i>
<i>Traveling</i>	<i>Подорожування</i>

<i>English</i>	<i>Ukrainian</i>
<i>Transformative</i>	<i>Трансформаційний</i>
<i>Itinerary</i>	<i>Маршрут, План подорожі</i>
<i>Joys</i>	<i>Радощі</i>
<i>Challenges</i>	<i>Виклики</i>
<i>Jet lag</i>	<i>Зсув часового поясу</i>
<i>Hostels</i>	<i>Готелі для мандрівників</i>
<i>Currency exchange</i>	<i>Обмін валют</i>
<i>Backpacking</i>	<i>Мандрівництво з рюкзаком</i>
<i>Immersion</i>	<i>Занурення, Занурення в культуру</i>
<i>Flexibility</i>	<i>Гнучкість</i>
<i>Departure</i>	<i>Відправлення</i>
<i>Excitement</i>	<i>Захоплення, Емоційний стан</i>
<i>Landmarks</i>	<i>Орієнтири, Пам'ятки</i>
<i>Budgeting</i>	<i>Бюджетування</i>
<i>Smartphone</i>	<i>Смартфон</i>
<i>Social media</i>	<i>Соціальні мережі</i>
<i>Capture</i>	<i>Захоплювати, Запам'ятовувати</i>
<i>Experience</i>	<i>Враження, Досвід</i>
<i>Exploration</i>	<i>Дослідження</i>

### **Homework:**

1. Write a reflection essay on the joys and challenges of traveling.
2. Discuss how the text has influenced your perspective on travel and whether you agree or disagree with the points presented.

## Unit 2

### «Holiday Heaven»

#### 1. *Answer the questions (orally):*

1. What is your favorite holiday destination and why?
2. Share a memorable holiday experience that felt like a slice of paradise for you.
3. If you could spend a holiday anywhere in the world, where would it be and what activities would you indulge in?
4. Describe your ideal holiday atmosphere – is it a snowy mountain retreat, a tropical beach escape, or something else?
5. What special traditions or rituals make your holidays feel like a little piece of heaven?

#### 2. *Match the following words with their meanings:*

##### **Words (1-10):**

1. Paradise
2. Tranquil
3. Wanderlust
4. Retreat
5. Blissful
6. Serene
7. Escapade
8. Utopia
9. Rejuvenate
10. Idyllic

##### **Meanings (A-K):**

- A. A peaceful and quiet place
- B. A perfect and ideal place or state

- C. An exciting adventure or journey
- D. To refresh and restore energy or vitality
- E. A place or situation of great happiness and joy
- F. A desire to travel and explore the world
- G. A secluded and peaceful place
- H. A perfect, peaceful, and beautiful place
- I. A place offering relaxation and privacy
- J. The state of being calm, peaceful, and untroubled
- K. A perfect and beautiful place that is often unrealistic

### **3. Read the text:**

#### **Discovering Holiday Heaven: A Student's Guide to Blissful Getaways**

Embarking on a journey to a holiday heaven is a dream many of us share. Whether it's escaping the hustle and bustle of daily life, exploring new cultures, or simply basking in the serenity of nature, holidays provide the perfect opportunity to rejuvenate the mind and soul. In this guide, we will delve into the concept of "Holiday Heaven" and explore various destinations and activities that cater to the desires of students seeking a blissful getaway.

What does "Holiday Heaven" mean to you? For some, it's the idea of a paradisiacal beach with golden sands and crystal-clear waters. For others, it might be a tranquil mountain retreat surrounded by lush greenery. The term encompasses the notion of finding your personal utopia, a place where you can unwind, recharge, and experience sheer bliss. Understanding your preferences and interests is the first step in planning a holiday that aligns with your vision of heaven.

#### **Destinations for Every Dreamer**

1. **Tropical Paradise:** Picture yourself on a palm-fringed beach, with gentle waves lapping at the shore and the sun casting a warm glow.



Tropical destinations like Bali, Maldives, or the Caribbean offer a haven for beach lovers. Explore vibrant coral reefs, indulge in water sports, or simply relax with a book under the shade of a swaying palm tree.

2. **Mountain Retreats:** If the idea of crisp mountain air, snow-capped peaks, and scenic trails appeals to you, consider heading to the Alps, the Rockies, or the Himalayas. Whether you're an avid skier or a nature enthusiast, mountain retreats provide a serene backdrop for those seeking tranquility and adventure.
3. **Cultural Escapades:** For students with a passion for history and culture, exploring cities like Rome, Kyoto, or Marrakech can be a captivating experience. Immerse yourself in local traditions, savor diverse cuisines, and marvel at architectural wonders that transport you to a different time and place.

#### Activities that Spell Bliss

1. **Mindful Retreats:** Engage in activities that promote mindfulness and relaxation. Yoga and meditation retreats are popular choices, allowing you to connect with your inner self while surrounded by nature. Many destinations offer specialized programs catering to beginners and experienced practitioners alike.
2. **Adventure Escapades:** For the thrill-seekers, holidays can be an opportunity to embark on exciting escapades. From zip-lining in Costa Rica to bungee jumping in New Zealand, adrenaline-pumping activities can add an extra layer of excitement to your holiday heaven.
3. **Culinary Delights:** Indulge your taste buds by exploring the local cuisine of your chosen destination. Whether it's savoring street food in Bangkok, enjoying a traditional Italian meal in Tuscany, or sampling sushi in Tokyo, culinary experiences can be a highlight of your holiday.

## Budget-Friendly Tips for Student Travelers

While the idea of a holiday heaven may sound enticing, budget constraints can be a concern for students. However, with careful planning and resourcefulness, affordable travel experiences are within reach. Consider these tips:

1. **Hostels and Homestays:** Opt for budget-friendly accommodation options like hostels or homestays. Not only do they provide cost savings, but they also offer a chance to connect with locals and fellow travelers.
2. **Student Discounts:** Take advantage of student discounts on transportation, attractions, and activities. Many destinations offer reduced rates for students, so be sure to carry your student ID and explore the savings available to you.
3. **Group Travel:** Consider traveling with friends or joining group tours to share expenses. Group travel not only reduces costs but also enhances the overall experience by creating shared memories.

In the pursuit of holiday heaven, students have a myriad of options to tailor their getaways to personal preferences and budget constraints. Whether it's a tropical paradise, a mountain retreat, or a cultural escapade, the key is to align the destination and activities with your vision of bliss. By exploring new horizons and embracing diverse experiences, students can make the most of their holidays and create memories that last a lifetime.

### ***4. Please read the questions and give the answers: True or false.***

1. "Holiday Heaven" is a concept that only appeals to a specific age group.
  - True / False
2. Tropical destinations mentioned in the text include Bali, Maldives, and the Caribbean.
  - True / False

3. Mountain retreats are recommended for students who enjoy water sports and beach activities.
  - True / False
4. Cultural escapades are ideal for students interested in history and architecture.
  - True / False
5. Mindful retreats, such as yoga and meditation, are mentioned as activities for relaxation.
  - True / False
6. Adventure escapades are not suitable for students looking for an adrenaline rush.
  - True / False
7. The text suggests that student travelers should avoid hostels and homestays due to safety concerns.
  - True / False
8. Student discounts are recommended as a way for students to save money during their travels.
  - True / False
9. Group travel is discouraged in the text because it may limit the overall experience for students.
  - True / False
10. The conclusion emphasizes the importance of aligning the destination and activities with personal preferences.
  - True / False

**5. Match the words (1-10) with their corresponding meanings (A-K):**

**Words (1-10):**

1. Ephemeral
2. Resilient
3. Jubilant
4. Pensive
5. Quixotic
6. Ineffable
7. Mellifluous
8. Zealous
9. Serendipity
10. Disparate

**Meanings (A-K):**

- A. Lacking a definite plan, unpredictable
- B. Unable to be expressed in words
- C. A combination of events by chance in a happy or beneficial way
- D. Having a sweet and pleasant sound
- E. Showing great joy, satisfaction, or triumph
- F. Having a tendency to recover quickly from difficult conditions
- G. Wistfully or dreamily thoughtful
- H. Fleeting, lasting for a very short time
- I. Intensely enthusiastic or passionate
- J. Marked by distinct differences or peculiarities
- K. Idealistic but impractical

**6. Read the following sentences from the text and fill in the gaps with the appropriate words or phrases.**

1. Embarking on a journey to a holiday heaven is a dream many of us \_\_\_\_\_.
2. Tropical destinations like Bali, Maldives, or the Caribbean offer a haven for \_\_\_\_\_ lovers.
3. Whether you're an avid skier or a nature enthusiast, mountain \_\_\_\_\_ provide a serene backdrop for those seeking tranquility and \_\_\_\_\_.
4. For students with a passion for history and culture, exploring cities like Rome, Kyoto, or Marrakech can be a \_\_\_\_\_ experience.
5. Engage in activities that promote \_\_\_\_\_ and relaxation. Yoga and meditation retreats are popular choices, allowing you to connect with your \_\_\_\_\_ self while surrounded by \_\_\_\_\_.
6. From zip-lining in Costa Rica to bungee jumping in New Zealand, \_\_\_\_\_-pumping activities can add an extra layer of excitement to your holiday.
7. Opt for budget-friendly accommodation options like \_\_\_\_\_ or homestays. Not only do they provide cost savings, but they also offer a chance to connect with \_\_\_\_\_ and fellow travelers.
8. Take advantage of student \_\_\_\_\_ on transportation, attractions, and activities.
9. Consider traveling with friends or joining \_\_\_\_\_ tours to share expenses.
10. The conclusion emphasizes the importance of aligning the destination and activities with \_\_\_\_\_ preferences.

## 7. Grammar way: Past Simple

Exercise 1: Fill in the blanks with the correct form of the verbs in the past simple tense.

1. Yesterday, she \_\_\_\_\_ (go) to the market.
2. They \_\_\_\_\_ (have) a great time at the party last night.
3. He \_\_\_\_\_ (study) for his exams all day.
4. We \_\_\_\_\_ (visit) the museum last weekend.
5. The sun \_\_\_\_\_ (shine) brightly yesterday.

Exercise 2: Choose the correct past simple tense form of the verbs.

1. She (did / done) her homework before dinner.
2. We (saw / seen) a fantastic movie last night.
3. They (went / go) to the beach for their vacation.
4. He (ate / eaten) lunch at the new restaurant.
5. I (took / take) a long walk in the park.

Exercise 3: Rewrite the sentences in the past simple tense.

1. She always eats breakfast at 7 AM.
2. They regularly visit their grandparents on Sundays.
3. He often helps his sister with her homework.
4. We usually go to bed early during the week.
5. I sometimes play video games in the evening.

Exercise 4: Complete the story with the past simple form of the verbs.

Once upon a time, there \_\_\_\_\_ (be) a small village. One day, a mysterious stranger \_\_\_\_\_ (arrive) with a message. The villagers \_\_\_\_\_ (gather) in the town square to hear the news. The stranger \_\_\_\_\_ (tell) them about a hidden treasure that \_\_\_\_\_ (lie) deep in the nearby forest. Excitement \_\_\_\_\_ (fill) the air as the villagers \_\_\_\_\_ (decide) to embark on a journey to find the treasure.

Exercise 5: Ask questions about the underlined part in each sentence.

1. She bought a new car last month.
  - What \_\_\_\_\_ last month?

2. They visited Paris during their vacation.
  - Where \_\_\_\_\_ during their vacation?
3. He finished his project yesterday.
  - When \_\_\_\_\_ his project?
4. We watched a thrilling movie on Saturday.
  - What \_\_\_\_\_ on Saturday?
5. She met her old friend at the airport.
  - Whom \_\_\_\_\_ at the airport?

### 7. Vocabulary:

<i>English</i>	<i>Ukrainian</i>
<i>Celebration</i>	<i>Святкування</i>
<i>Holiday</i>	<i>Свято</i>
<i>Festive</i>	<i>Святковий</i>
<i>Tradition</i>	<i>Традиція</i>
<i>Decorations</i>	<i>Декорації</i>
<i>Family</i>	<i>Сім'я</i>
<i>Gifts</i>	<i>Подарунки</i>
<i>Greetings</i>	<i>Привітання</i>
<i>Merry</i>	<i>Веселий</i>
<i>Joy</i>	<i>Радість</i>
<i>Feast</i>	<i>Свято</i>
<i>Gathering</i>	<i>Збори</i>
<i>Reunion</i>	<i>Зустріч</i>
<i>Carols</i>	<i>Колядки</i>
<i>Lights</i>	<i>Світло</i>
<i>Ornaments</i>	<i>Прикраси</i>
<i>Wishes</i>	<i>Побажання</i>
<i>Gratitude</i>	<i>Вдячність</i>

<i>English</i>	<i>Ukrainian</i>
<i>Banquet</i>	<i>Бенкет</i>
<i>Cheers</i>	<i>На здоров'я</i>
<i>New Year</i>	<i>Новий рік</i>
<i>Christmas</i>	<i>Різдво</i>
<i>Hanukkah</i>	<i>Ханука</i>
<i>Diwali</i>	<i>Дівалі</i>
<i>Easter</i>	<i>Великдень</i>
<i>Halloween</i>	<i>Хелловін</i>
<i>Independence Day</i>	<i>День незалежності</i>
<i>Fireworks</i>	<i>Салюти</i>
<i>Parades</i>	<i>Паради</i>
<i>Vacation</i>	<i>Відпустка</i>

***Homework:***

1. Explore and research holiday traditions from around the world. Choose one specific holiday celebrated in a country other than your own. Write a reflection essay.



## Unit 3

### «Different Jobs. Rising Stars»

#### 1. Answer the questions (orally):

1. What responsibilities does a software developer typically have in their day-to-day work?
2. How does a marketing manager contribute to the success of a product or service?
3. Can you explain the key duties of a teacher in an elementary school setting?
4. What skills are essential for a customer service representative to excel in their role?
5. In what ways does a civil engineer contribute to the planning and construction of infrastructure projects?

#### 2. Match the following words with their meanings:

##### Words (1-10):

1. Entrepreneur
2. Catalyst
3. Synthesize
4. Bureaucracy
5. Inclusive
6. Prototype
7. Diversify
8. Inherent
9. Innovation
10. Empower

- A. System of government marked by hierarchy and inflexible rules.
- B. Combination of elements to form a new whole.

- C. Individual who starts and runs their own business.
- D. Agent that speeds up or facilitates a reaction.
- E. Original model or pattern on which a product is based.
- F. Expand or vary the range of products or services.
- G. Granting authority or power to individuals or groups.
- H. Natural or permanent characteristic.
- I. Introducing new ideas, methods, or products.
- J. Including or covering all types or aspects.
- K. Introduce a variety of elements or factors.

### **3. Read the text:**

#### **Different Jobs: Rising Stars**

In today's dynamic world, the landscape of employment is ever-evolving. Jobs that were once considered conventional are now sharing space with emerging roles that reflect the advancements in technology and changing societal needs. This article aims to shed light on some rising stars in the job market, providing insights into exciting career paths that students at a B2 level might find inspiring and worth exploring.

#### *Data Analysts: Unveiling Insights*

In the era of big data, the demand for data analysts is soaring. These professionals are the wizards who dive deep into vast datasets, unraveling patterns, and extracting valuable insights. From predicting market trends to optimizing business strategies, data analysts play a pivotal role in helping organizations make informed decisions. For students with a knack for numbers and a love for problem-solving, a career as a data analyst could be both challenging and rewarding.

#### *Sustainable Architects: Building a Greener Future*

As environmental concerns take center stage, sustainable architecture is becoming a hot field. Sustainable architects design buildings that not only meet the functional needs of society but also minimize their environmental impact. From incorporating renewable energy sources to utilizing eco-friendly materials, these architects are contributing to the global effort to build a greener and more sustainable future. This field offers a unique blend of creativity and environmental consciousness, making it an attractive choice for those passionate about both design and sustainability.

### *Digital Marketing Specialists: Navigating the Online Realm*

With the world becoming increasingly interconnected, businesses are turning to digital marketing specialists to navigate the complex online landscape. These professionals are the masterminds behind successful online campaigns, utilizing social media, SEO, and other digital tools to promote products and services. The dynamic nature of digital marketing requires individuals who are adaptable, creative, and have a finger on the pulse of online trends – making it an exciting career choice for those who thrive in the virtual world.

### *Genetic Counselors: Bridging Science and Compassion*

For those intrigued by the intersection of science and empathy, a career as a genetic counselor might be the perfect fit. These professionals work closely with individuals and families to assess the risk of genetic disorders and provide guidance on potential medical decisions. Genetic counselors not only require a solid understanding of genetics but also strong communication skills to convey complex information in a compassionate manner. As advancements in genetic research continue, the role of genetic counselors is gaining prominence in the healthcare sector.

### *Virtual Reality Designers: Crafting Immersive Experiences*

In the realm of technology, virtual reality (VR) is making waves, and the demand for VR designers is on the rise. These imaginative individuals create immersive virtual experiences for various industries, from gaming and entertainment to education and healthcare. Virtual reality designers need a blend of technical skills and creative flair, making it an appealing option for those fascinated by the endless possibilities of merging technology and imagination.

### *Renewable Energy Technicians: Harnessing Nature's Power*

As the world grapples with climate change, renewable energy technicians are at the forefront of harnessing nature's power for sustainable energy solutions. From installing solar panels to maintaining wind turbines, these technicians are instrumental in the transition towards cleaner energy sources. A career in renewable energy allows individuals to contribute directly to the fight against climate change while being at the forefront of innovative technologies.

### *User Experience (UX) Designers: Shaping Digital Interaction*

In the user-centric digital era, the role of UX designers is paramount. These professionals focus on creating seamless and enjoyable interactions between users and digital products. From websites to mobile apps, UX designers prioritize user satisfaction by ensuring that digital interfaces are intuitive and user-friendly. With the constant evolution of technology, the demand for UX designers is unlikely to wane, making it an exciting field for those passionate about enhancing the digital user experience.

### *Telemedicine Specialists: Transforming Healthcare*

The recent global events have propelled telemedicine into the spotlight. Telemedicine specialists bridge the gap between technology and healthcare, providing medical services remotely. From virtual consultations to remote monitoring, these professionals are shaping the future of healthcare delivery. Telemedicine specialists need to possess a strong understanding of both medical

practices and digital technologies, making it a promising career for those interested in the intersection of healthcare and innovation.

In the world of employment, the only constant is change. As new technologies emerge, and societal priorities shift, so do the demands of the job market. The rising stars mentioned above represent just a fraction of the diverse and evolving career landscape. For students at a B2 level, it's essential to explore these emerging fields, recognizing the vast array of opportunities available and finding a path that aligns with their interests, skills, and aspirations. By staying curious and open-minded, students can navigate the dynamic job market and embark on fulfilling careers in these rising star professions.

**4. Fill in the gaps with the appropriate words or phrases:**

**Words:**

1. *professions, sectors, industries, roles*
2. *career path, job, vocation, profession*
3. *field, sector, occupation, area*
4. *technology, industry, sector, field*
5. *creative arts, creative industry, creative field, creative sector*
6. *soft skills, hard skills, technical skills, practical skills*

**Text: Different Jobs. Rising Stars**

*In today's fast-paced world, there is an array of (1) \_\_\_\_\_ that individuals can pursue. As technology advances and industries evolve, new and exciting opportunities are constantly emerging. This has given rise to a generation of young professionals often referred to as "Rising Stars."*

*One such (2) \_\_\_\_\_ that has gained prominence in recent years is that of a data analyst. Data analysts are the unsung heroes behind the scenes, deciphering vast amounts of information to help companies make informed decisions. With the increasing reliance on data-driven strategies, these*

*professionals are becoming invaluable assets to businesses across various sectors.*

*Another (3) \_\_\_\_\_ that has captured the imagination of many is the role of a sustainability consultant. As the world becomes more environmentally conscious, companies are actively seeking ways to operate sustainably. Sustainability consultants work closely with organizations to develop and implement eco-friendly practices. This job not only contributes to a healthier planet but also provides individuals with a sense of purpose in their careers.*

*The realm of (4) \_\_\_\_\_ is also witnessing a surge in interest, with user experience (UX) designers taking center stage. In an era where user satisfaction is paramount, UX designers play a crucial role in creating seamless and enjoyable interactions between users and digital products. Their work spans websites, mobile apps, and other digital platforms, making them instrumental in shaping the way we engage with technology.*

*For those with a passion for storytelling, the field of (5) \_\_\_\_\_ offers a plethora of opportunities. Content creators, including writers, podcasters, and video producers, are becoming increasingly influential in the digital landscape. With the rise of social media and streaming platforms, content creation has transformed into a powerful tool for communication and self-expression.*

*Despite these rising stars, traditional professions such as teaching continue to hold immense significance. The impact of a dedicated teacher extends far beyond the classroom, shaping the future leaders of society. While technology may be reshaping the job market, the timeless importance of educators remains a constant.*

*As young professionals embark on their careers, the ability to (6) \_\_\_\_\_ becomes a key factor for success. Adaptability, critical thinking, and effective communication are skills that transcend specific job roles. Employers are increasingly seeking individuals who can navigate the dynamic landscape of the professional world and contribute innovative ideas.*

*In conclusion, the diverse array of jobs available today reflects the evolving needs of society. From data analysts to sustainability consultants, UX designers to content creators, each profession plays a vital role in shaping the world we live in. As students explore potential career paths, embracing the idea of being a "Rising Star" means staying curious, adaptable, and ready to make a positive impact.*

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**5. Read the following statements and determine whether they are true (T) or false (F) based on the information provided in the text.**

1. Data analysts help companies make informed decisions by deciphering vast amounts of information.
  - True (T) / False (F)
2. Sustainability consultants focus on developing and implementing practices that are harmful to the environment.
  - True (T) / False (F)
3. UX designers primarily work with traditional media such as newspapers and magazines.
  - True (T) / False (F)
4. Content creators, including writers and video producers, have become less influential in the digital landscape.
  - True (T) / False (F)
5. The impact of a dedicated teacher is limited to the classroom, and they do not shape future leaders.
  - True (T) / False (F)
6. Adaptability, critical thinking, and effective communication are considered essential skills for success in any profession.
  - True (T) / False (F)
7. The text suggests that as technology reshapes the job market, traditional professions like teaching are losing their significance.

- True (T) / False (F)
8. The term "Rising Stars" in the context of the text refers to professionals who stay curious, adaptable, and ready to make a positive impact in their careers.
- True (T) / False (F)
9. The content creation industry has become a powerful tool for communication and self-expression due to the decline of social media.
- True (T) / False (F)
10. The skills mentioned as key factors for success, such as adaptability and effective communication, are specific to certain job roles and do not have broader applicability.
- True (T) / False (F)

**6. Go back to the text "*Different Jobs: Rising Stars*" and answer the questions orally.**

1. What is the role of data analysts in today's professional landscape?
2. Explain the significance of sustainability consultants and their impact on businesses.
3. Why are UX designers considered crucial in the current era of technology?
4. How has the digital landscape transformed the role of content creators in creative industries?
5. According to the text, what timeless importance does teaching hold despite advancements in technology?
6. What are some key skills mentioned in the text that are considered crucial for success in any profession?
7. How does the term "Rising Stars" relate to the mindset and characteristics of professionals mentioned in the text?
8. Why is adaptability emphasized as a key factor for success in the text?
9. Can you name at least three professions or fields mentioned as rising stars in the text?



10. In what ways does the text suggest that the job market is evolving and diverse?

## ***7. Grammar way: Future Simple***

### ***Exercise 1: Complete the Sentences***

***Complete the following sentences using the Future Simple tense.***

1. By this time next year, I \_\_\_\_\_ (graduate) from university.
2. If it rains tomorrow, we \_\_\_\_\_ (stay) indoors and watch movies.
3. She promised that she \_\_\_\_\_ (visit) her grandparents next weekend.
4. I'm sure they \_\_\_\_\_ (finish) the project by the end of the month.
5. If you work hard, you \_\_\_\_\_ (succeed) in your endeavors.

### ***Exercise 2: True or False***

***Decide whether the statements are true or false based on the Future Simple tense.***

1. In Future Simple, we use "will" or "shall" followed by the base form of the verb.
  - True / False
2. The Future Simple tense is used to express actions that will happen after the present moment.
  - True / False
3. Negative sentences in Future Simple are formed by adding "not" after "will" or "shall."
  - True / False
4. We can use the Future Simple tense to talk about predictions or possibilities.
  - True / False
5. The Future Simple tense is often used in conditional sentences to express hypothetical situations.

- True / False

**Exercise 3: Make Sentences**

*Create sentences using the Future Simple tense. Choose any verbs you like.*

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

**Exercise 4: Questions**

*Form questions using the Future Simple tense.*

1. \_\_\_\_\_ ?
2. \_\_\_\_\_ ?
3. \_\_\_\_\_ ?
4. \_\_\_\_\_ ?
5. \_\_\_\_\_ ?

**Exercise 5: Rewrite the Sentences**

*Rewrite the sentences in the Future Simple tense.*

1. She is going to visit her friend next week.
2. They will finish the project on time.
3. If you study hard, you'll pass the exam.
4. We are leaving for the airport at 6 AM.
5. The train arrives at 3 PM.

**8. Vocabulary:**

<i><b>English</b></i>	<i><b>Ukrainian</b></i>
<i>World</i>	<i>Світ</i>
<i>Opportunities</i>	<i>Можливості</i>
<i>Emerging</i>	<i>Зароджуючий</i>
<i>Professionals</i>	<i>Професіонали</i>
<i>Prominence</i>	<i>Видатність</i>
<i>Sustainability</i>	<i>Усталеність</i>
<i>Consultant</i>	<i>Консультант</i>
<i>Deciphering</i>	<i>Дешифрування</i>
<i>Informed</i>	<i>Посвідчений</i>
<i>Decision</i>	<i>Рішення</i>
<i>Environmentally</i>	<i>Екологічно</i>
<i>Conscious</i>	<i>Свідомий</i>
<i>Seamless</i>	<i>Безшовний</i>
<i>Interaction</i>	<i>Взаємодія</i>
<i>Influential</i>	<i>Впливовий</i>
<i>Digital</i>	<i>Цифровий</i>
<i>Platforms</i>	<i>Платформи</i>
<i>Traditional</i>	<i>Традиційний</i>
<i>Significance</i>	<i>Значущість</i>
<i>Dedicated</i>	<i>Відданий</i>
<i>Transform</i>	<i>Трансформувати</i>
<i>Timeless</i>	<i>Безчасовий</i>
<i>Adaptability</i>	<i>Приспособливість</i>
<i>Innovative</i>	<i>Інноваційний</i>
<i>Curious</i>	<i>Допитливий</i>
<i>Embrace</i>	<i>Обіймати</i>

<i>English</i>	<i>Ukrainian</i>
<i>Dynamic</i>	<i>Динамічний</i>
<i>Landscape</i>	<i>Ландшафт</i>
<i>Explore</i>	<i>Досліджувати</i>
<i>Potential</i>	<i>Потенціал</i>

### ***Homework:***

#### **1. Task 1: Future Simple Tense**

Complete the following sentences using the Future Simple Tense.

1. By the end of the year, I \_\_\_\_\_ (travel) to at least two new countries.
2. If I win the lottery, I \_\_\_\_\_ (buy) a house near the beach.
3. She promised that she \_\_\_\_\_ (learn) a new language within six months.
4. If they practice regularly, they \_\_\_\_\_ (improve) their musical skills.
5. I'm sure he \_\_\_\_\_ (reach) the summit of the mountain by next summer.

#### **Task 2: True or False**

Decide whether the statements are true or false based on your understanding of the Future Simple tense.

1. In Future Simple, we use "will" or "shall" followed by the base form of the verb.
  - True / False
2. The Future Simple tense is used to express actions that have already happened.
  - True / False

3. Negative sentences in Future Simple are formed by adding "not" after "will" or "shall."
  - True / False
4. We can use the Future Simple tense to talk about predictions or possibilities.
  - True / False
5. The Future Simple tense is not suitable for expressing hypothetical situations.
  - True / False

### **Task 3: Vocabulary Practice**

Use the provided English to Ukrainian dictionary to create sentences in Ukrainian using the words provided. Aim for at least five sentences.

## Unit 4

### «Hard Work. Job Interview»

#### 1. *Answer the questions (orally):*

1. How do you define hard work, and what does it mean to you in a professional context?
2. Can you share an example of a project or task where you had to put in extra effort to achieve success? What steps did you take to ensure its completion?
3. How do you stay motivated and maintain a strong work ethic, especially during challenging or busy periods?
4. Can you describe a situation where you had to go above and beyond your regular duties to meet a deadline or accomplish a goal? What was the outcome?
5. In your opinion, what role does perseverance play in the workplace, and can you provide an instance where your determination led to positive results?

#### 2. *Match the following words with their meanings:*

##### **Words (1-10):**

1. Diligent
2. Resilient
3. Punctual
4. Tenacious
5. Adaptable
6. Proactive
7. Ambitious
8. Conscientious
9. Versatile
10. Reliable

**Meanings (A-K):**

- A. Showing great care and thoroughness in one's work.
- B. Able to bounce back and recover quickly from setbacks or difficulties.
- C. Able to be relied on or trusted.
- D. Having a strong desire to succeed or achieve goals.
- E. Capable of handling a variety of tasks or adapting to different situations.
- F. Marked by steady and consistent effort, hardworking.
- G. Taking the initiative and acting in anticipation of future problems or needs.
- H. Persistent and determined in the face of challenges.
- I. Able to be depended on to do what is expected or required.
- J. Capable of meeting deadlines and being on time.
- K. Having the ability to adjust to new conditions or circumstances.

**3. Read the text:****Unveiling the Power of Hard Work in Job Interviews for Students**

In the competitive landscape of job hunting, one of the key elements that can set students apart is the unwavering commitment to hard work. As students navigate the transition from academia to the professional world, understanding the pivotal role of diligence in job interviews becomes paramount. This text aims to delve into the synergy between hard work and job interviews, offering valuable insights to students as they embark on their career journeys.

Embarking on the path of job interviews can be a nerve-racking experience for students. It's not just about showcasing academic achievements; it's about demonstrating the tenacity, adaptability, and work ethic that will make you an invaluable asset to potential employers. This text aims to illuminate the significance of hard work in the context of job interviews and guide students on how to effectively communicate their diligence during these pivotal moments.

## **The Nexus Between Hard Work and Job Interviews:**

At the heart of a successful job interview lies the essence of hard work. Employers, beyond looking at a student's academic credentials, are keen on understanding how well they can apply their knowledge in real-world scenarios. The ability to work diligently is a trait that resonates strongly with employers, as it reflects not only on what the candidate knows but also on how effectively they can leverage that knowledge.

Hard work, in the context of job interviews, is not merely about putting in long hours; it's about showcasing a set of qualities that employers highly value:

1. **Diligence and Consistency (Conscientious):** Employers appreciate candidates who approach their work with care and thoroughness. Highlighting instances where you consistently applied yourself to tasks or projects can effectively demonstrate your diligence.
2. **Adaptability:** In an ever-evolving professional landscape, the ability to adapt to different situations is a coveted trait. Narrating experiences where you successfully navigated changes or challenges can be a powerful testament to your adaptability.
3. **Initiative (Proactive):** Employers value candidates who take the initiative and act ahead of potential problems or needs. Sharing examples of times when you identified a challenge and proactively addressed it showcases your proactive approach to work.
4. **Persistence (Tenacity):** Persistence is the backbone of many success stories. Employers seek individuals who are determined and resilient, especially when faced with challenges. Discussing situations where you persisted in achieving a goal despite obstacles can highlight your tenacity.
5. **Time Management (Punctuality):** Meeting deadlines and being punctual are non-negotiable in the professional world. Illustrating



instances where you effectively managed your time to meet objectives can strengthen your candidacy.

### **Strategies for Showcasing Hard Work in Job Interviews:**

1. **Prepare Thoroughly:** Demonstrate your diligence by thoroughly researching the company and the role you are applying for. Showcase your commitment by being well-informed about the industry and the organization's values. This preparation reflects your dedication to the opportunity.
2. **Share Relevant Experiences:** During the interview, share specific examples from your academic or professional life where hard work played a pivotal role. Discuss projects, assignments, or extracurricular activities that required dedication and effort, providing tangible evidence of your work ethic.
3. **Highlight Achievements:** Emphasize your accomplishments and how they were the result of your hard work. Discuss challenges you faced and how your determination led to positive outcomes. This not only showcases your skills but also underscores the effort you put into achieving success.
4. **Connect Skills to Effort:** When discussing your skills, connect them to the effort you invested in acquiring and honing them. This approach demonstrates that your abilities are not just innate but have been cultivated through hard work and dedication.

In conclusion, hard work is not just a cliché; it's a driving force that can propel students towards success in job interviews. As students transition into the professional sphere, the ability to communicate their commitment to hard work becomes a powerful tool. By preparing thoroughly, sharing relevant experiences, highlighting achievements, and connecting skills to effort, students can leave a lasting impression on interviewers. In the end, it's not just about what you know; it's about how diligently and effectively you can apply

that knowledge in a professional setting, setting the stage for a promising career ahead.

**4. Fill in the gaps with the appropriate words or phrases:**

1. \_\_\_\_\_ (1) and Consistency (Conscientious): Employers appreciate candidates who approach their work with care and thoroughness. Highlighting instances where you consistently applied yourself to tasks or projects can effectively demonstrate your \_\_\_\_\_ (1).
  2. \_\_\_\_\_ (2): In an ever-evolving professional landscape, the ability to adapt to different situations is a coveted trait. Narrating experiences where you successfully navigated changes or challenges can be a powerful testament to your \_\_\_\_\_ (2).
  3. \_\_\_\_\_ (3) (Proactive): Employers value candidates who take the \_\_\_\_\_ (3) and act ahead of potential problems or needs. Sharing examples of times when you identified a challenge and proactively addressed it showcases your \_\_\_\_\_ (3) approach to work.
  4. \_\_\_\_\_ (4) (Tenacity): \_\_\_\_\_ (4) is the backbone of many success stories. Employers seek individuals who are determined and resilient, especially when faced with challenges. Discussing situations where you persisted in achieving a goal despite obstacles can highlight your \_\_\_\_\_ (4).
  5. \_\_\_\_\_ (5) (Punctuality): Meeting deadlines and being punctual are non-negotiable in the professional world. Illustrating instances where you effectively managed your time to meet objectives can strengthen your candidacy.
- 

**5. Go back to the text "Different Jobs: Rising Stars" and answer the questions orally.**

1. What qualities do employers value in candidates beyond academic credentials, according to the text?
2. Why is adaptability considered a coveted trait in the professional world, and how can students showcase it during job interviews?
3. How does the text suggest students can effectively demonstrate diligence during job interviews?
4. Why is persistence highlighted as a crucial trait, and what role does it play in achieving success, according to the text?
5. In what ways can students connect their skills to their efforts during job interviews, as recommended in the text?

### **8. Vocabulary:**

<b>English</b>	<b>Ukrainian</b>
Embarking	Початок
Pivotal	Ключовий
Diligence	Сумлінність
Tenacity	Непохитний
Adaptability	Приспособлюваність
Initiative	Ініціатива
Resilience	Витривалість
Professional	Професійний
Landscape	Ландшафт
Navigating	Навігація
Showcase	Представити
Employability	Зайнятість
Commitment	Зобов'язання
Employers	Роботодавці

<b>English</b>	<b>Ukrainian</b>
Credentials	Документи
Resonates	Резонує
Qualities	Якості
Undertaking	Виконання
Propel	Заохочувати
Tangible	Конкретний
Acquiring	Отримання
Cultivated	Вирощений
Dexterity	Спритність
Coveted	Бажаний
Testament	Свідчення
Strategies	Стратегії
Undertook	Приймався
Underscores	Підкреслює
Impression	Враження
Pivotal	Ключовий

***Homework:***

Take some time to reflect on your academic or personal experiences where hard work played a significant role in achieving success or overcoming challenges (150-200 words).

## Unit 5

### «Leisure Time. What's On»

#### 1. Answer the questions (orally):

1. What activities do you typically enjoy during your leisure time?
2. How do you decide what to do when you have free time?
3. Are there any upcoming events or shows you're looking forward to attending in your leisure time?
4. What's your go-to leisure activity when you just want to relax and unwind?
5. How do you stay updated on current events or entertainment options to plan your leisure time effectively?

#### 2. Match the following words with their meanings:

##### Words (1-10):

1. Recreation
2. Pastime
3. Amenity
4. Cultural
5. Serenity
6. Escapade
7. Rendezvous
8. Pursuit
9. Diversify
10. Tranquil

##### Meanings (A-K):

- A. A calm and peaceful state
- B. A planned activity or event, often social in nature
- C. Something done for enjoyment or relaxation during free time
- D. The act of varying or adding variety to leisure activities

- E. A place or feature that makes a place more pleasant or comfortable
- F. An adventurous or daring experience, often for fun
- G. Engaging in an activity or hobby as a regular occupation or pastime
- H. An activity or interest pursued for pleasure or relaxation
- I. Relating to the arts, literature, music, and other intellectual pursuits
- J. A spontaneous or unplanned recreational activity
- K. A meeting or gathering, especially between two people

### 3. *Read the text:*

## **The Importance of Leisure Time for Students: Balancing Academic and Personal Well-being**

In the fast-paced world of academia, students often find themselves engulfed in a whirlwind of lectures, assignments, and exams, leaving little room for relaxation. However, the significance of leisure time for students cannot be overstated. It plays a pivotal role in maintaining a healthy balance between academic commitments and personal well-being. In this essay, we will explore the importance of leisure time for students, the benefits it offers, and practical tips on how to make the most of these precious moments.

Leisure time serves as a crucial component in the holistic development of students. Beyond the rigorous academic routine, these moments of respite provide an opportunity for students to rejuvenate their minds and bodies. Engaging in leisure activities fosters creativity, reduces stress, and contributes to overall mental well-being. It is a time to pursue interests, hobbies, and social interactions that may not necessarily be directly linked to academic pursuits but are equally essential for personal growth.

### *Benefits of Leisure Time for Students:*

1. **Stress Reduction:** The demanding nature of academic life can lead to heightened stress levels among students. Leisure time offers a reprieve from the pressures of exams and deadlines. Engaging in activities such as reading for pleasure, listening to music, or participating in sports can have a therapeutic effect, alleviating stress and promoting a sense of relaxation.
2. **Enhanced Creativity:** Leisure time provides students with the freedom to explore their creative side. Whether it's painting, writing, or engaging in performing arts, these activities stimulate the imagination and contribute to the development of critical

thinking skills. The ability to think creatively is not only beneficial academically but is also an asset in various aspects of life.

3. **Improved Mental Health:** The mental health of students is a growing concern, and allocating time for leisure activities can contribute significantly to its improvement. Taking breaks from academic pressures allows students to recharge mentally, reducing the risk of burnout and enhancing their overall well-being.
4. **Social Development:** Leisure time provides an opportunity for students to build and strengthen social connections. Whether through participating in clubs, joining sports teams, or attending social events, students can cultivate friendships and interpersonal skills that are valuable both in college and beyond.
5. **Balanced Lifestyle:** Achieving a balance between academic and personal life is essential for long-term success. Leisure time helps students establish a more holistic lifestyle, ensuring that they not only excel in their studies but also lead fulfilling lives outside the academic realm.

*Practical Tips for Maximizing Leisure Time:*

1. **Schedule Regular Breaks:** Incorporate short breaks into your study routine. These breaks, even if brief, allow your mind to relax and recharge, improving focus and productivity when you return to your academic tasks.
2. **Explore Diverse Activities:** Use your leisure time to explore a variety of activities. Whether it's trying a new hobby, attending cultural events, or engaging in outdoor adventures, diversifying your interests contributes to a more enriching and well-rounded lifestyle.
3. **Prioritize Self-Care:** Allocate time for self-care activities during leisure hours. Whether it's practicing mindfulness, exercising, or



simply taking a nap, prioritizing self-care enhances overall well-being and prepares you for academic challenges.

4. **Set Boundaries:** Establish clear boundaries between academic and leisure time. Avoid the temptation to continuously work on assignments during what should be leisure hours. Setting boundaries ensures a more sustainable and balanced lifestyle.
5. **Engage in Social Activities:** Foster social connections by participating in group activities or joining clubs that align with your interests. Building a supportive social network not only enhances your college experience but also contributes to your mental and emotional well-being.

Leisure time is not a luxury but a necessity for students. It is an investment in personal growth, well-being, and academic success. By recognizing the importance of taking breaks, exploring diverse activities, and prioritizing self-care, students can strike a harmonious balance between their academic and personal lives. As educational institutions increasingly acknowledge the significance of student well-being, embracing and optimizing leisure time becomes an integral part of fostering a healthy and thriving academic community.

**4. Fill in the gaps with the appropriate words from the list below:**

1. \_\_\_\_\_ time serves as a crucial component in the holistic development of students. Beyond the rigorous academic routine, these moments of \_\_\_\_\_ provide an opportunity for students to rejuvenate their minds and bodies. Engaging in \_\_\_\_\_ such as reading for pleasure, listening to music, or participating in sports can have a therapeutic effect, alleviating stress and promoting a sense of relaxation.
2. The demanding nature of academic life can lead to heightened stress levels among students. \_\_\_\_\_ time offers a reprieve from the pressures of

exams and deadlines. Engaging in activities such as \_\_\_\_\_ for pleasure, listening to music, or participating in sports can have a therapeutic effect, alleviating stress and promoting a sense of relaxation.

3. Leisure time provides students with the freedom to explore their \_\_\_\_\_ side. Whether it's painting, writing, or engaging in performing arts, these activities stimulate the imagination and contribute to the development of \_\_\_\_\_ thinking skills. The ability to think creatively is not only beneficial academically but is also an asset in various aspects of life.
4. The \_\_\_\_\_ health of students is a growing concern, and allocating time for leisure activities can contribute significantly to its improvement. Taking breaks from academic pressures allows students to \_\_\_\_\_ mentally, reducing the risk of burnout and enhancing their overall well-being.
5. Leisure time provides an opportunity for students to build and \_\_\_\_\_ social connections. Whether through participating in clubs, joining sports teams, or attending social events, students can cultivate \_\_\_\_\_ and interpersonal skills that are valuable both in college and beyond.

**Words to choose from:**

- *Recreation*
- *Serenity*
- *Diversify*
- *Improved*
- *Creative*
- *Enhanced*
- *Mental*
- *Pastime*

- *Pursuit*
- *Balancing*

**5. True or False: Mark each statement as either true or false based on the information provided in the "Leisure Time" text.**

1. Leisure time is considered a luxury for students.
  - True
  - False
2. Engaging in leisure activities such as reading for pleasure and participating in sports can help alleviate stress among students.
  - True
  - False
3. The demanding nature of academic life rarely leads to heightened stress levels among students.
  - True
  - False
4. Leisure time provides students with the opportunity to explore their creative side, contributing to the development of critical thinking skills.
  - True
  - False
5. The essay suggests that prioritizing self-care during leisure hours can enhance overall well-being and prepare students for academic challenges.
  - True
  - False
6. Setting boundaries between academic and leisure time is not recommended in the essay.
  - True
  - False
7. The essay emphasizes that a balanced lifestyle is crucial for long-term success.

- True
- False

8. Social development is not mentioned as one of the benefits of leisure time for students in the essay.

- True
- False

### 8. Vocabulary:

English	Ukrainian
Leisure time	Вільний час
Holistic	Голістичний
Rejuvenate	Відновлювати
Therapeutic	Терапевтичний
Alleviating	Знімання
Rigorous	Суворий
Reprieve	Відпустка
Stimulate	Стимулювати
Imagination	Уява
Critical thinking	Критичне мислення
Well-being	Благополуччя
Burnout	Виснаження
Interpersonal	Міжособистісний
Enriching	Збагачуючий
Sustainable	Стійкий
Harmonious	Гармонійний
Academic community	Академічна спільнота
Therapeutic effect	Терапевтичний ефект
Well-rounded	Усебічний

<b>English</b>	<b>Ukrainian</b>
Respite	Відпочинок
Explore	Досліджувати
Repertoire	Репертуар
Cultural events	Культурні події
Prioritizing	Приділяючи увагу
Boundaries	Межі
Social connections	Соціальні зв'язки
Thriving	Процвітаючий
Holistic lifestyle	Голістичний спосіб життя
Well-being	Благополуччя

### ***Homework:***

#### **Task 1: Reflective Journal**

Answer the following questions:

- What are your favorite leisure activities?
- How do you currently balance your academic and personal life?
- Have you experienced the benefits of leisure time mentioned in the essay?  
If yes, how?

#### **Task 2: Leisure Time Action Plan**

Create a one-week action plan to optimize your leisure time. Include specific activities and allocate time for relaxation, hobbies, and social interactions. Consider how this plan may positively impact your overall well-being.

## Unit 6

### «Reality TV. Box Office»

#### 1. *Answer the questions (orally):*

1. What is the primary appeal of reality TV shows, and why do audiences find them captivating?
2. How do reality TV programs differ from scripted shows in terms of production and viewer engagement?
3. Can reality TV influence public perceptions and attitudes, or is it purely for entertainment purposes?
4. What impact do reality TV competitions have on the contestants' lives, both during and after the show?
5. In your opinion, do reality TV shows accurately portray real-life situations, or are they heavily edited for dramatic effect?

#### 2. *Match the following words with their meanings:*

1. Drama
2. Elimination
3. Confessionals
4. Alliance
5. Ratings
6. Unscripted
7. Jury
8. Redemption Island
9. Backstabbing
10. Docuseries

- A. Personal interviews where participants share their thoughts and feelings directly with the audience.
- B. A strategic partnership formed by contestants to work together towards a common goal.
- C. A segment of a reality show where participants express their thoughts, often in private.
- D. A system where participants are gradually removed from the competition until a winner is determined.
- E. The act of betraying an ally or friend, usually for personal gain, in a competitive setting.
- F. A storytelling technique that emphasizes conflict, emotions, and tension for viewer engagement.
- G. Non-fiction television programs that capture real events and situations as they unfold.
- H. A competition format in reality TV where eliminated contestants get a chance to re-enter the game.
- I. The individuals who evaluate and make decisions, often in the final stages of a reality competition.
- J. The measurement of a show's popularity based on the number of viewers.
- K. A type of reality TV series that documents real-life events, often focusing on a specific subject or theme.

### ***3. Read the text:***

#### **The Reality of Reality TV: Exploring the Impact and Appeal**

Landscape of television entertainment, reality TV has emerged as a dominant and influential genre, capturing the attention of audiences around the globe. Whether you love it or loathe it, reality TV has become an integral part of modern television programming, shaping popular culture and offering a unique glimpse

into the lives of everyday people. For students, understanding the dynamics, impact, and appeal of reality TV can provide valuable insights into the broader realms of media, sociology, and human behavior. At its core, reality TV is a genre that blurs the lines between scripted storytelling and real-life events. Unlike traditional scripted shows, reality TV unfolds in real-time, featuring unscripted interactions and genuine emotions. The appeal lies in the authenticity of the experiences portrayed, giving viewers a voyeuristic sense of peeking into the lives of others.

Reality TV comes in various forms, each catering to different interests and preferences. From competitive shows like "Survivor" and "The Amazing Race" to dating shows like "The Bachelor" and "Love Island," there is a reality program for almost every taste. Docuseries, such as "Keeping Up with the Kardashians" or "Queer Eye," offer a more documentary-style approach, focusing on the real lives and experiences of individuals. For those who choose to participate in reality TV shows, the experience can be life-changing. Contestants often find themselves thrust into the spotlight, facing challenges that test their physical, emotional, and mental strength. The pressure to perform and the scrutiny of a global audience can lead to both positive and negative outcomes for participants.

On one hand, reality TV offers contestants a platform to showcase their talents, gain exposure, and sometimes launch successful careers. On the other hand, the intense competition and public scrutiny can take a toll on mental health, leading to stress, anxiety, and in some cases, a negative public image. It is crucial for students to critically analyze the ethical considerations surrounding the well-being of reality TV participants and the responsibility of producers in ensuring a supportive environment.

One of the key debates surrounding reality TV revolves around the extent to which these shows are manipulated for dramatic effect. While the term "reality" implies authenticity, the reality TV landscape is often carefully curated and edited to enhance entertainment value. Conflict, drama, and unexpected twists are strategically woven into the narrative to keep viewers engaged. Students studying



media and communication can delve into the ethics of reality TV production, exploring questions about the responsibility of producers in portraying reality accurately versus their obligation to entertain and maintain high ratings. This critical analysis can provide valuable insights into the intersection of media, ethics, and storytelling.

Reality TV's popularity is undeniable, with millions of viewers tuning in to watch their favorite shows regularly. The genre's ability to connect with diverse audiences raises intriguing questions about the societal impact of reality TV. How does it influence public perceptions, attitudes, and behaviors? The power of reality TV in shaping cultural norms and influencing trends cannot be ignored. From fashion and lifestyle choices to social dynamics and relationship expectations, reality TV plays a significant role in shaping societal norms. Students studying sociology can explore the broader implications of reality TV on cultural values and societal behaviors, contributing to a deeper understanding of media's role in shaping our collective consciousness.

As students engage with reality TV, it is essential to approach the genre with a critical lens. Being aware of the potential impact and ethical considerations allows viewers to consume media responsibly. Analyzing the portrayal of diversity, representation, and the consequences of editing choices fosters media literacy and empowers individuals to question and challenge media narratives.

Reality TV is a multifaceted genre that transcends mere entertainment, offering students an opportunity to explore a range of disciplines. Whether it's media studies, sociology, psychology, or ethics, the impact and appeal of reality TV provide a rich landscape for academic inquiry. By critically examining the genre, students can gain valuable insights into the complexities of human behavior, the power of media, and the evolving dynamics of modern entertainment.

***4. Fill in the blanks with the appropriate words or phrases from the following list to complete the text about Reality TV:***

1. phenomenon
2. scrutinizing
3. contestants
4. authenticity
5. diverse
6. ethical
7. challenges
8. media literacy
9. scripted
10. manipulate

### ***The Reality of Reality TV: Exploring the Impact and Appeal***

In the ever-evolving landscape of television entertainment, reality TV has emerged as a dominant and influential \_\_\_\_\_, capturing the attention of audiences around the globe.

#### ***The Essence of Reality TV:***

At its core, reality TV is a genre that blurs the lines between \_\_\_\_\_ storytelling and real-life events. Unlike traditional \_\_\_\_\_ shows, reality TV unfolds in real-time, featuring unscripted interactions and genuine emotions. The appeal lies in the \_\_\_\_\_ of the experiences portrayed, giving viewers a voyeuristic sense of peeking into the lives of others.

#### ***The Impact on Participants:***

For those who choose to participate in reality TV shows, the experience can be life-changing. \_\_\_\_\_ often find themselves thrust into the spotlight, facing \_\_\_\_\_ that test their physical, emotional, and mental strength. The pressure to perform and the \_\_\_\_\_ of a global audience can lead to both positive and negative outcomes for participants.

On one hand, reality TV offers \_\_\_\_\_ a platform to showcase their talents, gain exposure, and sometimes launch successful careers. On the other hand, the intense competition and public \_\_\_\_\_ can take a toll on mental health, leading to stress, anxiety, and in some cases, a negative public image. It is crucial for students to critically analyze the \_\_\_\_\_ considerations surrounding the well-being of reality TV participants and the responsibility of producers in ensuring a supportive environment.

### ***Manipulation or Entertainment?***

One of the key debates surrounding reality TV revolves around the extent to which these shows are \_\_\_\_\_ for dramatic effect. While the term "reality" implies \_\_\_\_\_, the reality TV landscape is often carefully curated and edited to enhance entertainment value. Conflict, drama, and unexpected twists are strategically woven into the narrative to keep viewers engaged.

Students studying media and communication can delve into the \_\_\_\_\_ of reality TV production, exploring questions about the responsibility of producers in portraying reality accurately versus their obligation to entertain and maintain high ratings.

### ***Audience Engagement and Social Influence:***

Reality TV's popularity is undeniable, with millions of viewers tuning in to watch their favorite shows regularly. The genre's ability to connect with \_\_\_\_\_ audiences raises intriguing questions about the societal impact of reality TV. How does it influence public perceptions, attitudes, and behaviors?

The power of reality TV in shaping cultural norms and influencing trends cannot be ignored. Students studying sociology can explore the broader implications of reality TV on cultural values and societal behaviors, contributing to a deeper understanding of \_\_\_\_\_ role in shaping our collective consciousness.

### ***Critiquing and Consuming Responsibly:***

As students engage with reality TV, it is essential to approach the genre with a critical lens. Being aware of the potential impact and \_\_\_\_\_ considerations allows viewers to consume media responsibly. Analyzing the portrayal of diversity, representation, and the consequences of editing choices fosters \_\_\_\_\_, and empowers individuals to question and challenge media narratives.

**5. Divide into roles and act out the dialogue clearly.**

**Characters:**

1. **Alex** - A student passionate about media studies.
2. **Morgan** - A sociology enthusiast and Alex's friend.
3. **Jordan** - A budding filmmaker with a critical view of reality TV.

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**Scene:** In the university cafeteria during a lunch break.

**Alex:** (excitedly) Hey Morgan, have you ever thought about how reality TV impacts our perceptions and attitudes?

**Morgan:** (smirking) Oh, you mean the guilty pleasure we all secretly enjoy? What's on your mind, Alex?

**Alex:** (nodding) Exactly! I was just reading about the societal influence of reality TV in my media studies class. It's fascinating how it shapes cultural norms.

**Jordan:** (joining the conversation) Cultural norms? More like manufactured drama for ratings. I can't stand how manipulated those shows are.

**Morgan:** (laughing) Well, Jordan, not everyone is making cinematic masterpieces like you. Some of us just want to unwind with a bit of reality drama.

**Jordan:** (rolling eyes) Unwind, sure. But let's not ignore the impact. It distorts reality and influences people's behaviors.

**Alex:** (thoughtfully) That's true, Jordan. But doesn't it also provide a platform for diverse voices and perspectives?

**Morgan:** (raising an eyebrow) Are you defending reality TV, Alex?

**Alex:** (smiling) Not defending, just exploring different angles. I mean, it's a mix of entertainment and societal reflection, don't you think?

**Jordan:** (skeptical) I get your point, Alex, but there's a fine line between reflection and manipulation. It's a business, after all.

**Morgan:** (changing the topic) Well, speaking of reality TV, did you guys catch the latest episode of "Survival Showdown"? That blindside was epic!

**Alex:** (laughing) I knew you'd bring it up, Morgan. Let's agree to disagree on the impact, but we can all enjoy a good plot twist!

**Jordan:** (sarcastically) Plot twist or not, I'll stick to creating content that reflects reality without the scripted drama.

**Morgan:** (teasing) Jordan, one day you might have a reality show about making reality shows. How meta would that be?

**Jordan:** (smirking) Meta or not, it'll be authentic storytelling. No manufactured drama required.

*The three friends continue their lunchtime discussion, each with their unique perspective on the world of reality TV and its influence on society.*

## 6. Vocabulary:

English	Ukrainian
Television	Телебачення
Broadcast	Трансляція

<b>English</b>	<b>Ukrainian</b>
Remote control	Пульт
Channel	Канал
Program	Програма
Series	Серіал
Episode	Епізод
Viewer	Глядач
Screen	Екран
Entertainment	Розваги
Broadcast network	Телевізійна мережа
Cable TV	Кабельне телебачення
Streaming	Стрімінг
Reality TV	Реаліті-шоу
Commercial	Реклама
News	Новини
Documentary	Документальний фільм
Subtitles	Субтитри
Remote	Дистанційний пульт
Prime time	Прайм-тайм
Sitcom	Ситком
Live broadcast	Пряма трансляція
Viewer ratings	Рейтинг глядачів
Soap opera	Мильна опера
Antenna	Антенa
On-demand	На вимогу
Public access	Громадський доступ
Broadcast live	Транслювати в прямому ефірі

<b>English</b>	<b>Ukrainian</b>
Network executive	Виконавчий директор телемережі
Televised event	Телевізійна подія

***Homework:***

*To analyze the influence and dynamics of reality TV on individuals and society, considering both positive and negative aspects. Please create a dialogue with two or three people and act it out.*

## Unit 7

### «Fashion Victim. At the Mall»

#### 1. *Answer the questions (orally):*

1. What is the typical behavior or mindset of someone referred to as a "fashion victim" in the context of the fashion industry?
2. How can societal pressures and trends contribute to individuals becoming fashion victims?
3. What are some common signs that someone may be falling into the trap of being a fashion victim?
4. How can individuals avoid becoming fashion victims and instead develop a personal and timeless sense of style?
5. Can you provide examples of fashion trends that might lead people to become fashion victims, and how these trends may influence their choices and perceptions of style?

#### 2. *Match the Following Words with Their Meanings:*

1. Couture
2. Trendy
3. Haute
4. Fad
5. Ensemble
6. Conformity
7. Eccentric
8. Vintage
9. Bespoke
10. Impeccable



### **Meanings:**

- A. Custom-made or tailored specifically for an individual.
- B. The quality of being fashionable and up-to-date with the latest styles.
- C. A short-lived and widely embraced fashion trend that fades quickly.
- D. A set of coordinated clothing items worn together for a particular occasion.
- E. High fashion or superior quality, often associated with luxury brands.
- F. The act of following established norms and fashion standards.
- G. Unconventional and unconventional in style or appearance.
- H. A style or item from the past, typically more than 20 years old.
- I. Perfect and flawless in appearance or execution.
- J. A person who blindly follows the latest fashion trends without considering personal style.
- K. A term used to describe high-end, custom-fitted clothing, often associated with Parisian fashion houses.

### **3. Read the text:**

#### **Unveiling the Fashion Victim Phenomenon: A Critical Look at Style and Individuality**

In the ever-evolving world of fashion, where trends emerge and dissipate at a dizzying pace, individuals often find themselves caught in the crossfire between personal style and societal expectations. The term "fashion victim" has become a buzzword, describing those who succumb to the relentless pursuit of the latest trends, often at the expense of individuality and authenticity. In this exploration, we delve into the nuances of the fashion victim phenomenon, examining its roots, impact, and how students can navigate the dynamic landscape of style without compromising their sense of self.

At its core, a fashion victim is someone who mindlessly embraces current trends without considering their own unique preferences or style. This

phenomenon stems from the societal pressure to conform to ever-changing standards of beauty and fashion. With the omnipresence of social media and the fashion industry's relentless promotion of new styles, students can easily find themselves ensnared in the cycle of constant consumption.

One of the hallmarks of a fashion victim is their tendency to prioritize trendiness over authenticity. The desire to fit in or gain social approval can lead individuals down the path of blindly adopting the latest fads, regardless of whether these trends align with their personal taste or values. This conformity often results in a loss of individuality, as fashion victims become mere echoes of the prevailing styles, neglecting the opportunity to express their unique personalities through clothing.

However, it is crucial to acknowledge that an interest in fashion doesn't automatically make someone a fashion victim. The key lies in striking a balance between staying informed about current trends and embracing one's personal style. It's about using fashion as a means of self-expression rather than succumbing to external pressures. Students can actively engage with fashion without becoming victims by cultivating a mindful approach to their wardrobe choices.

One way to avoid falling into the fashion victim trap is to develop a keen sense of self-awareness. Understanding one's body shape, preferences, and lifestyle is paramount in making informed fashion choices. By doing so, students can curate a wardrobe that reflects their identity and stands the test of time, rather than one that mirrors the transient nature of fleeting trends.

Moreover, embracing the concept of sustainable fashion can be a powerful antidote to the fashion victim syndrome. The fast-paced nature of the fashion industry contributes significantly to environmental degradation and unethical labor practices. Students can take a stand against this by opting for timeless, high-quality pieces that transcend seasonal trends. Thrifting, upcycling, and supporting ethical brands are additional avenues for promoting sustainability in fashion, allowing students to align their style choices with their values.

Another aspect to consider is the psychological impact of succumbing to fashion victimization. The constant pressure to keep up with trends can lead to a sense of inadequacy, fostering feelings of dissatisfaction with one's appearance. This negative self-perception can have far-reaching consequences on mental well-being, emphasizing the importance of fostering a positive body image and self-acceptance.

The fashion victim phenomenon is a complex interplay of societal influences, personal choices, and the dynamics of the fashion industry. Students, as the torchbearers of the future, have the opportunity to redefine the narrative surrounding fashion. By cultivating self-awareness, embracing sustainable practices, and prioritizing authenticity over trends, students can navigate the fashion landscape with confidence and individuality. Fashion should be a celebration of personal expression, not a battleground for conformity. As students embark on their journey of self-discovery, let fashion be a canvas through which they paint their unique stories, free from the constraints of being a mere fashion victim.

***4. Fill in the blanks with the appropriate words or phrases from the following list to complete the text about Reality TV:***

In the ever-evolving world of fashion, where trends emerge and dissipate at a dizzying pace, individuals often find themselves caught in the crossfire between personal style and societal expectations. The term "fashion victim" has become a buzzword, describing those who \_\_\_\_\_ to the relentless pursuit of the latest trends, often at the expense of \_\_\_\_\_ and \_\_\_\_\_.

At its core, a fashion victim is someone who \_\_\_\_\_ embraces current trends without considering their own unique preferences or style. This \_\_\_\_\_ stems from the societal pressure to \_\_\_\_\_ to ever-changing standards of beauty and fashion. With the omnipresence of social media and the fashion industry's relentless promotion of new styles, students can easily find themselves ensnared in the cycle of constant consumption.

One of the hallmarks of a fashion victim is their tendency to prioritize trendiness over \_\_\_\_\_. The desire to fit in or gain social approval can lead individuals down the path of blindly adopting the latest fads, regardless of whether these trends align with their personal taste or values. This \_\_\_\_\_ often results in a loss of \_\_\_\_\_, as fashion victims become mere echoes of the prevailing styles, neglecting the opportunity to express their unique personalities through clothing.

However, it is crucial to acknowledge that an interest in fashion doesn't automatically make someone a fashion victim. The key lies in striking a balance between staying informed about current trends and embracing one's personal style. Students can actively engage with fashion without becoming victims by cultivating a mindful approach to their wardrobe choices.

One way to avoid falling into the fashion victim trap is to develop a keen sense of \_\_\_\_\_. Understanding one's body shape, preferences, and lifestyle is paramount in making informed fashion choices. By doing so, students can curate a wardrobe that reflects their identity and stands the test of time, rather than one that mirrors the transient nature of fleeting trends.

Moreover, embracing the concept of \_\_\_\_\_ fashion can be a powerful antidote to the fashion victim syndrome. The fast-paced nature of the fashion industry contributes significantly to environmental degradation and unethical labor practices. Students can take a stand against this by opting for timeless, high-quality pieces that \_\_\_\_\_ seasonal trends. Thrifting, upcycling, and supporting ethical brands are additional avenues for promoting \_\_\_\_\_ in fashion, allowing students to align their style choices with their values.

Another aspect to consider is the psychological impact of \_\_\_\_\_ to fashion victimization. The constant pressure to keep up with trends can lead to a sense of inadequacy, fostering feelings of dissatisfaction with one's appearance. This negative self-perception can have far-reaching consequences on mental well-being, emphasizing the importance of fostering a positive body image and self-acceptance.

In conclusion, the fashion victim \_\_\_\_\_ is a complex interplay of societal influences, personal choices, and the dynamics of the fashion industry. Students, as the torchbearers of the future, have the opportunity to redefine the narrative surrounding fashion. By cultivating \_\_\_\_\_, embracing \_\_\_\_\_ practices, and prioritizing \_\_\_\_\_ over trends, students can navigate the fashion landscape with confidence and \_\_\_\_\_. Fashion should be a \_\_\_\_\_ of personal expression, not a battleground for \_\_\_\_\_.

**Word List:**

1. phenomenon
2. mindlessly
3. conformity
4. sustainable
5. self-awareness
6. transcend
7. succumbing
8. authenticity
9. individuality
- 10.celebration

**5. Answer the question to the text (orally)**

1. What does the term "fashion victim" refer to, and how is it described in the text?
2. According to the text, what is a key characteristic of a fashion victim, and how does it impact individuality?
3. Why is developing a keen sense of self-awareness considered crucial in making informed fashion choices, as mentioned in the text?

4. How does sustainable fashion serve as an antidote to the fashion victim syndrome, and what practices are suggested to promote sustainability?
5. In the context of the text, why is fostering a positive body image and self-acceptance emphasized, especially concerning the pressure to keep up with trends?

**6. Reflect on the text and answer the following questions:**

1. How has reading about the fashion victim phenomenon influenced your perspective on personal style and fashion choices?
2. In what ways can you apply the suggestions provided in the text to cultivate a mindful approach to your wardrobe choices?
3. Do you think sustainable fashion is an effective solution to the fashion victim syndrome? Why or why not?
4. How might the concept of self-awareness impact your future fashion decisions?
5. Share your thoughts on the importance of fostering a positive body image in the context of the fashion industry and societal pressures.

**7. Vocabulary:**

<b>English</b>	<b>Ukrainian</b>
Fashion victim	Жертва моди
Trend	Тенденція
Authenticity	Аутентичність
Conformity	Відповідність
Sustainability	Стійкість
Mindful	Свідомий
Adequacy	Відповідність
Individuality	Індивідуальність

<b>English</b>	<b>Ukrainian</b>
Fad	Мода, що швидко втрачає актуальність
Ethical	Етичний
Wardrobe	Гардероб
Self-awareness	Самосвідомість
Unconventional	Нетрадиційний
High-quality	Високоякісний
Body image	Образ тіла
Personal style	Особистий стиль
Timeless	Вічний
Thrifting	Пошук в секонд-хенді
Upcycling	Вторинна переробка
Mindless	Бездумний
Positive	Позитивний
Dissatisfaction	Незадоволення
Luxury brands	Бренди розкоші
Body positivity	Позитивне сприйняття власного тіла
Fast-paced	Швидкотемповий
Sustainable fashion	Стійка мода
Social approval	Суспільне схвалення
Embrace	Приймати, обіймати
Fashion industry	Індустрія моди

***Homework:***

***Self-awareness exercise (150 words):***

*Identify three key elements that define your personal style.*

## Unit 8

### «Voice Problems»

#### 1. *Answer the questions (orally):*

1. Have you noticed any recent changes in your voice, such as hoarseness or a raspy quality?
2. Do you experience frequent throat discomfort, pain, or irritation when speaking or singing?
3. Does your voice tend to become fatigued or strained after prolonged use?
4. Have you noticed any difficulties in projecting your voice or being heard in noisy environments?
5. Have you experienced any issues with your vocal range, such as difficulty hitting high or low notes?

#### 2. *Match the Following Words with Their Meanings:*

##### Words:

1. Hoarseness
2. Laryngitis
3. Dysphonia
4. Vocal Nodes
5. Vocal Cord Polyps
6. Vocal Cord Paralysis
7. Muscle Tension Dysphonia
8. Spasmodic Dysphonia
9. Vocal Cord Lesions
10. Reflux Laryngitis



**Meanings:**

- A. A disorder characterized by involuntary muscle spasms in the vocal cords, causing a strained or strangled voice.
- B. Inflammation of the vocal cords due to stomach acid reflux.
- C. A general term for any voice disorder or impairment in voice production.
- D. Small, non-cancerous growths on the vocal cords.
- E. Paralysis or weakness of one or both vocal cords, often caused by nerve damage or injury.
- F. Abnormal growths or lesions on the vocal cords.
- G. A rough, raspy, or strained voice quality.
- H. Swelling or inflammation of the vocal cords, often caused by viral infections or overuse.
- I. Vocal cord lesions caused by excessive muscle tension or misuse of the voice.
- J. Small, non-cancerous growths on the vocal cords, typically caused by vocal abuse or overuse.
- K. A temporary or permanent inability to move one or both vocal cords.

**3. Read the text:****Voice Problems: Causes, Symptoms, and Management**

The human voice is a remarkable instrument that allows us to communicate, express ourselves, and connect with others. However, like any other instrument, the voice can encounter problems that can affect its quality, functionality, and overall performance. Voice problems can have various causes, ranging from simple irritations to more serious underlying conditions, and can impact individuals of all ages and professions.

Causes of Voice Problems:

1. **Vocal Abuse and Overuse:** Prolonged or excessive use of the voice, such as shouting, singing, or speaking for extended periods, can strain and irritate the vocal cords, leading to hoarseness, raspiness, and fatigue.
2. **Respiratory Infections:** Viral or bacterial infections, such as the common cold, influenza, or laryngitis, can cause inflammation and swelling of the vocal cords, leading to hoarseness, pain, and difficulty speaking.
3. **Gastroesophageal Reflux Disease (GERD):** Stomach acid reflux can irritate and damage the vocal cords, causing chronic hoarseness, throat clearing, and a sensation of a lump in the throat.
4. **Vocal Cord Lesions:** Growths or abnormalities on the vocal cords, such as vocal nodules, polyps, or cysts, can disrupt the normal vibration and closure of the vocal cords, leading to voice changes and difficulties.
5. **Vocal Cord Paralysis or Paresis:** Injury or damage to the nerves that control the vocal cords can result in partial or complete paralysis, affecting the ability to produce sound and impacting voice quality.
6. **Muscle Tension Dysphonia:** Excessive muscle tension in the vocal tract, often due to poor technique or vocal strain, can lead to voice problems and difficulty producing certain sounds.
7. **Neurological Disorders:** Certain neurological conditions, such as Parkinson's disease, multiple sclerosis, or stroke, can affect the muscles and nerves involved in speech and voice production.

**Symptoms of Voice Problems:** The symptoms of voice problems can vary depending on the underlying cause, but some common signs include:

- Hoarseness or raspiness in the voice
- Persistent throat discomfort or pain
- Vocal fatigue or strain after prolonged use
- Difficulty projecting the voice or being heard
- Changes in vocal pitch or range
- Breathiness or air escaping during speech
- Vocal tremors or spasms

**Management and Treatment of Voice Problems:** Addressing voice problems often involves a multidisciplinary approach, involving voice therapists, speech-language pathologists, otolaryngologists (ear, nose, and throat specialists), and other healthcare professionals. Treatment strategies may include:

1. **Voice Therapy:** Speech-language pathologists provide vocal exercises, techniques, and strategies to improve vocal hygiene, reduce vocal strain, and retrain the voice for optimal use.
2. **Medication:** Depending on the underlying cause, medications such as anti-reflux drugs, antibiotics, or corticosteroids may be prescribed to reduce inflammation or treat infections.
3. **Surgery:** In some cases, surgical intervention may be necessary to remove vocal cord lesions, such as nodules or polyps, or to address vocal cord paralysis or other structural abnormalities.
4. **Lifestyle Modifications:** Making changes to daily habits, such as quitting smoking, staying hydrated, avoiding throat-clearing, and limiting vocal strain, can help manage and prevent voice problems.
5. **Voice Amplification:** The use of amplification devices, such as microphones or voice amplifiers, can reduce vocal strain and allow for better projection without overuse.

**Prevention of Voice Problems:** Preventing voice problems is often better than treating them, and several strategies can be employed:

- Proper vocal warm-up and cool-down exercises, especially for professional voice users
- Adequate hydration and humidification to keep the vocal cords lubricated
- Avoiding excessive vocal strain, shouting, or whispering
- Resting the voice during periods of illness or vocal fatigue
- Maintaining good overall health and managing underlying conditions that may affect the voice

Voice problems can significantly impact an individual's ability to communicate, work, and engage in daily activities. By understanding the causes,

recognizing the symptoms, and seeking appropriate treatment and management strategies, individuals can protect and preserve their voices for optimal performance and quality of life.

**4. Fill in the blanks with the appropriate words or phrases from the following list to complete the text about Voice Problems: Causes, Symptoms, and Management**

1. The human voice is a remarkable instrument that allows us to \_\_\_\_\_, express ourselves, and connect with others.
2. Prolonged or excessive use of the voice, such as shouting, singing, or speaking for extended periods, can \_\_\_\_\_ and irritate the vocal cords.
3. Stomach acid reflux can irritate and damage the vocal cords, causing chronic hoarseness, throat clearing, and a sensation of a \_\_\_\_\_ in the throat.
4. Growths or abnormalities on the vocal cords, such as vocal nodules, polyps, or cysts, can disrupt the normal \_\_\_\_\_ and closure of the vocal cords.
5. Injury or damage to the \_\_\_\_\_ that control the vocal cords can result in partial or complete paralysis, affecting the ability to produce sound.
6. Excessive muscle tension in the vocal tract, often due to poor technique or vocal strain, can lead to voice problems and difficulty producing certain \_\_\_\_\_.
7. Some common symptoms of voice problems include hoarseness, \_\_\_\_\_ throat discomfort or pain, and vocal fatigue or strain.
8. Treatment strategies for voice problems may include \_\_\_\_\_, medication, surgery, lifestyle modifications, and voice amplification.

9. Making changes to daily habits, such as quitting smoking, staying \_\_\_\_\_, avoiding throat-clearing, and limiting vocal strain, can help manage and prevent voice problems.
10. Preventing voice problems often involves proper vocal \_\_\_\_\_, adequate hydration, avoiding excessive vocal strain, and resting the voice during periods of illness or vocal fatigue.

**5. Answer the question to the text (orally)**

1. What is one of the main causes of voice problems due to vocal abuse or overuse?
2. Name one symptom of voice problems mentioned in the text.
3. What type of medical professional might provide vocal exercises and techniques for voice therapy?
4. According to the text, what lifestyle modification can help manage and prevent voice problems?
5. Which condition mentioned in the text can cause stomach acid to irritate and damage the vocal cords?

**6. True or false exercise based on the text "Voice Problems: Causes, Symptoms, and Management":**

***Instructions: Read each statement carefully and determine whether it is true or false according to the information provided in the text. Write "True" or "False" next to each statement.***

1. Vocal abuse and overuse can only lead to temporary hoarseness. \_\_\_\_\_
2. Respiratory infections like the common cold can cause inflammation of the vocal cords. \_\_\_\_\_
3. Vocal cord lesions, such as nodules or polyps, do not affect the normal vibration of the vocal cords. \_\_\_\_\_

4. Gastroesophageal Reflux Disease (GERD) can cause a sensation of a lump in the throat. \_\_\_\_\_
5. Vocal cord paralysis or paresis always results in complete inability to produce sound. \_\_\_\_\_
6. Muscle tension dysphonia is caused by excessive muscle tension in the vocal tract. \_\_\_\_\_
7. Neurological disorders like Parkinson's disease cannot affect voice production. \_\_\_\_\_
8. Voice therapy may involve vocal exercises and strategies to improve vocal hygiene. \_\_\_\_\_
9. Surgery is never recommended for treating voice problems. \_\_\_\_\_
10. Quitting smoking and staying hydrated can help prevent voice problems. \_\_\_\_\_

## 7. Vocabulary:

<b>English</b>	<b>Ukrainian</b>
Voice	Голос
Problems	Проблеми
Vocal Abuse	Зловживання голосом
Overuse	Надмірне використання
Vocal Cords	Голосові зв'язки
Hoarseness	Охриплість
Respiratory Infections	Респіраторні інфекції
Laryngitis	Ларингіт
Gastroesophageal Reflux Disease	Гастроєзофагеальна рефлюксна хвороба
Vocal Cord Lesions	Ураження голосових зв'язок
Vocal Nodules	Вузлики на голосових зв'язках
Polyps	Поліпи
Cysts	Кісти

Vocal Cord Paralysis	Параліч голосових зв'язок
Paresis	Парез
Muscle Tension Dysphonia	Міофункціональна дисфонія
Neurological Disorders	Неврологічні розлади
Symptoms	Симптоми
Throat Discomfort	Дискомфорт у горлі
Vocal Fatigue	Втома голосу
Voice Therapy	Голосова терапія
Speech-Language Pathologists	Логопеди
Otolaryngologists	Отоларингологи
Medication	Медикаментозне лікування
Surgery	Хірургія
Lifestyle Modifications	Зміна способу життя
Voice Amplification	Підсилення голосу
Prevention	Профілактика
Vocal Warm-up	Розминка голосу

**Homework:**

1. *List three common causes of voice problems mentioned in the text.*
2. *Describe three symptoms that may indicate the presence of a voice problem.*
3. *Explain the role of speech-language pathologists in the management of voice problems.*



## Unit 9

### «Auditory Oral Education»

#### 1. *Answer the questions (orally):*

1. What is Auditory Oral Education?
2. How does Auditory Oral Education help children with hearing impairments?
3. What are the key components of Auditory Oral Education?
4. What role do parents play in Auditory Oral Education?
5. How does Auditory Oral Education differ from other methods of teaching children with hearing loss?

#### 2. *Match the Following Words with Their Meanings:*

1. Auditory
  2. Oral
  3. Speechreading
  4. Hearing aids
  5. Cochlear implants
  6. Lip reading
  7. Communication
  8. Language development
  9. Auditory training
  10. Amplification
- A. The process of learning to understand speech by watching the movements of the lips and face.
- B. Devices that help amplify sound for people with hearing loss.
- C. The ability to use spoken language to express thoughts and ideas.
- D. The process of teaching a person to use their hearing more effectively.
- E. Medical devices that provide a sense of sound to a person who is profoundly deaf or severely hard of hearing.
- F. Relating to the sense of hearing.

- G. The process of developing the ability to understand and use language.
- H. Techniques used to improve listening skills.
- I. The practice of understanding speech by observing the speaker's lips and facial expressions.
- J. Increasing the volume of sound to make it easier to hear.
- K. The exchange of information through speech, writing, or other methods.

### **3. Read the text:**

#### **Auditory Oral Education: Developing Communication Skills Through Listening and Speaking**

Auditory Oral Education is a specialized teaching method designed to help children with hearing impairments develop their ability to listen and speak. This approach emphasizes the use of residual hearing and speech to enable children to communicate effectively in the hearing world.

##### **Key Components**

1. **Auditory Training:** This involves activities and exercises that help children improve their listening skills. By focusing on recognizing and differentiating sounds, children learn to understand spoken language better. Hearing aids and cochlear implants often play a crucial role in this process by amplifying sounds and making them clearer.
2. **Speechreading:** Also known as lip reading, speechreading teaches children to understand spoken words by observing the movements of the speaker's lips and facial expressions. This visual aid complements auditory training, providing additional context and cues for understanding speech.
3. **Language Development:** Developing spoken language skills is a primary goal of Auditory Oral Education. Children are encouraged to use their voices to express thoughts, needs, and ideas. Regular practice and interaction with teachers, parents, and peers help enhance these skills.

4. **Parental Involvement:** Parents play a vital role in Auditory Oral Education. They are often trained to support their children's listening and speaking development at home, reinforcing the skills learned in educational settings.

Auditory Oral Education offers numerous benefits for children with hearing impairments. By focusing on listening and speaking, children can develop strong communication skills, which are essential for academic success, social interaction, and future employment opportunities. This method also promotes greater independence, as children learn to navigate and participate in the hearing world more effectively.

In summary, Auditory Oral Education is a valuable approach for helping children with hearing impairments develop essential communication skills. By combining auditory training, speechreading, and language development, this method provides children with the tools they need to succeed in a predominantly hearing society.

**4. Use the words below to fill in the gaps in the following text about Auditory Oral Education:**

**(auditory, benefits, language, listening, lip reading, parents, skills, speech, training, visual)**

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Auditory Oral Education is a specialized teaching method designed to help children with hearing impairments develop their ability to listen and speak. This approach emphasizes the use of residual hearing and \_\_\_\_\_ (1) to enable children to communicate effectively in the hearing world.

**Key Components**

1. **Auditory \_\_\_\_\_ (2):** This involves activities and exercises that help children improve their \_\_\_\_\_ (3) skills. By focusing on recognizing and differentiating sounds, children learn to understand spoken

\_\_\_\_\_ (4) better. Hearing aids and cochlear implants often play a crucial role in this process by amplifying sounds and making them clearer.

2. **Speechreading:** Also known as \_\_\_\_\_ (5), speechreading teaches children to understand spoken words by observing the movements of the speaker's lips and facial expressions. This \_\_\_\_\_ (6) aid complements auditory training, providing additional context and cues for understanding speech.

3. **Language Development:** Developing spoken language \_\_\_\_\_ (7) is a primary goal of Auditory Oral Education. Children are encouraged to use their voices to express thoughts, needs, and ideas. Regular practice and interaction with teachers, \_\_\_\_\_ (8), and peers help enhance these skills.

4. **Parental Involvement:** \_\_\_\_\_ (9) play a vital role in Auditory Oral Education. They are often trained to support their children's listening and speaking development at home, reinforcing the skills learned in educational settings.

### **Benefits**

Auditory Oral Education offers numerous \_\_\_\_\_ (10) for children with hearing impairments. By focusing on listening and speaking, children can develop strong communication skills, which are essential for academic success, social interaction, and future employment opportunities. This method also promotes greater independence, as children learn to navigate and participate in the hearing world more effectively.

### **5. Comment on the Following Statements**

*Read each statement related to Auditory Oral Education and write a brief comment (2-3 sentences) on it. Use information from the text to support your comments.*

1. "Auditory training alone is enough for children with hearing impairments to develop strong communication skills."

2. "Lip reading is the most important aspect of Auditory Oral Education."
3. "Parental involvement is not necessary in the Auditory Oral Education approach."
4. "Hearing aids and cochlear implants play a crucial role in Auditory Oral Education."
5. "Auditory Oral Education helps children with hearing impairments become more independent."

**6. Vocabulary:**

<b>English</b>	<b>Ukrainian</b>
Auditory Oral Education	Слухове усне навчання
Auditory	Слуховий
Training	Тренування
Speechreading	Читання з губ
Lip Reading	Читання з губ
Hearing Aids	Слухові апарати
Cochlear Implants	Кохлеарні імплантати
Language Development	Розвиток мови
Residual Hearing	Залишковий слух
Amplification	Підсилення
Communication	Спілкування

<b>English</b>	<b>Ukrainian</b>
Facial Expressions	Вирази обличчя
Parental Involvement	Батьківська участь
Visual Cues	Візуальні підказки
Listening Skills	Навички слухання
Spoken Language	Усна мова
Self-Sufficiency	Самостійність
Educational Settings	Освітні заклади
Hearing World	Світ чуючих
Children	Діти
Skills	Навички
Exercises	Вправи
Devices	Пристрої
Techniques	Техніки
Activities	Діяльність
Movements	Рухи
Observing	Спостереження
Understanding	Розуміння
Interaction	Взаємодія
Development	Розвиток

**Homework:**

**Fill in the gaps with the appropriate word from the vocabulary list:**

1. \_\_\_\_\_ (1) involves activities and exercises designed to help individuals make better use of their residual hearing.
2. \_\_\_\_\_ (2), also known as lip reading, teaches children to understand spoken words by observing the movements of the speaker's lips.
3. \_\_\_\_\_ (3), such as hearing aids and cochlear implants, amplify sounds for individuals with hearing loss.
4. \_\_\_\_\_ (4) is the process through which children acquire and improve their ability to understand and use spoken language.
5. \_\_\_\_\_ (5) are movements of the facial muscles that convey emotions and provide visual cues to enhance understanding of spoken language.

## Unit 10

### «Dyslexia»

#### 1. Try to answer the questions (orally):

1. What is dyslexia?
2. How does dyslexia affect reading and writing skills?
3. What are some common signs or symptoms of dyslexia?
4. Can dyslexia be diagnosed and treated?
5. How can teachers and parents support someone with dyslexia?

#### 2. Match the following words with their meanings:

##### Words:

1. Dyslexia
2. Phonological awareness
3. Decoding
4. Fluency
5. Comprehension
6. Reversals
7. Accommodations
8. Intervention
9. Assistive technology
10. IEP (Individualized Education Program)

##### Meanings:

- A. Difficulty reading accurately and fluently
- B. Techniques and strategies to support learning
- C. Individualized plan for students with special needs
- D. Understanding and interpreting text
- E. Seeing letters or words in reverse
- F. Tools to aid learning, like text-to-speech software
- G. Difficulty recognizing and manipulating sounds in words
- H. Process of breaking down words into sounds



- I. Systematic teaching to improve skills
- J. Adjustments made to learning environments
- K. Specialized education plan for students with learning disabilities

### **3. Read the text:**

#### **Understanding Dyslexia: A Learning Difference**

Dyslexia is a specific learning disability that affects reading and language processing. Individuals with dyslexia often struggle with decoding words, reading fluently, and understanding written text. It is important to note that dyslexia is not a sign of low intelligence; rather, it is a difference in how the brain processes information.

One of the primary challenges for individuals with dyslexia is phonological processing, which involves recognizing and manipulating the sounds of language. This difficulty can make it hard for them to connect letters with their corresponding sounds, making reading a slow and laborious process. Additionally, dyslexia can manifest in difficulties with spelling, writing, and even speaking, as these skills also rely heavily on phonological awareness.

Another characteristic of dyslexia is difficulty with fluency and comprehension. Fluency refers to the ability to read with speed, accuracy, and expression, while comprehension involves understanding the meaning of what is read. These challenges can impact academic performance and often require specialized teaching methods and accommodations to support learning.

Early identification and intervention are crucial for individuals with dyslexia. Educators and specialists use various techniques and tools, such as multisensory instruction and assistive technology, to help improve reading skills and academic success. Individualized Education Programs (IEPs) are often developed to outline specific goals and accommodations tailored to the student's needs.

It's important for parents, teachers, and peers to understand dyslexia and provide support and encouragement to individuals affected by it. With appropriate interventions and support, individuals with dyslexia can learn strategies to overcome challenges and succeed academically and in life.

In conclusion, dyslexia is a unique learning difference that affects reading, writing, and language processing. Through early recognition, targeted intervention, and supportive environments, individuals with dyslexia can thrive and reach their full potential.

#### **4. Fill in the gaps with the appropriate words from the text:**

Dyslexia is a specific learning disability that affects \_\_\_\_\_ and language processing. Individuals with dyslexia often struggle with \_\_\_\_\_ words, reading fluently, and understanding written text. It is important to note that dyslexia is not a sign of low intelligence; rather, it is a difference in how the \_\_\_\_\_ processes information.

One of the primary challenges for individuals with dyslexia is \_\_\_\_\_ processing, which involves recognizing and manipulating the sounds of language. This difficulty can make it hard for them to connect letters with their corresponding \_\_\_\_\_, making reading a slow and laborious process. Additionally, dyslexia can manifest in difficulties with spelling, writing, and even \_\_\_\_\_, as these skills also rely heavily on phonological awareness.

Another characteristic of dyslexia is difficulty with \_\_\_\_\_ and comprehension. Fluency refers to the ability to read with speed, accuracy, and expression, while comprehension involves understanding the \_\_\_\_\_ of what is read. These challenges can impact academic performance and often require specialized teaching methods and \_\_\_\_\_ to support learning.

Early identification and \_\_\_\_\_ are crucial for individuals with dyslexia. Educators and specialists use various techniques and tools, such as \_\_\_\_\_ instruction and assistive technology, to help improve reading skills and academic

success. Individualized Education Programs (IEPs) are often developed to outline specific goals and \_\_\_\_\_ tailored to the student's needs.

It's important for parents, teachers, and peers to understand dyslexia and provide support and \_\_\_\_\_ to individuals affected by it. With appropriate interventions and support, individuals with dyslexia can learn strategies to overcome challenges and succeed academically and in life.

### **5. True or False:**

1. Dyslexia primarily affects writing skills.
2. Dyslexia is a sign of low intelligence.
3. Phonological processing involves recognizing and manipulating the sounds of language.
4. Individuals with dyslexia often struggle with decoding words.
5. Dyslexia can impact reading fluency but not comprehension.
6. Early identification and intervention are not crucial for individuals with dyslexia.
7. Assistive technology and multisensory instruction can help improve reading skills in individuals with dyslexia.
8. IEP stands for Individualized Educational Plan.
9. Individuals with dyslexia do not require any specialized teaching methods or accommodations.
10. Support from parents, teachers, and peers is important for individuals with dyslexia.

## 6. Vocabulary:

<b>English</b>	<b>Ukrainian (Українська)</b>
Dyslexia	Дислексія
Reading	Читання
Language processing	Обробка мови
Decoding	Декодування
Fluency	Біглисть
Comprehension	Розуміння
Reversals	Обернення
Accommodations	Адаптації
Intervention	Втручання
Assistive technology	Асистентська технологія
IEP (Individualized Education Program)	Індивідуальна освітня програма
Phonological awareness	Фонемна свідомість
Phonological processing	Фонемна обробка
Multisensory instruction	Багаточутлива інструкція
Spelling	Правопис
Writing	Письмо
Speaking	Говоріння
Intelligence	Інтелект

English	Ukrainian (Українська)
Brain	Мозок
Skills	Вміння
Specialized	Спеціалізований

### Homework:

### Instructions:

1. Read the provided text on dyslexia.
2. Answer the following questions based on your understanding of the text.
3. Use complete sentences and provide explanations where necessary.

### Questions:

1. Define dyslexia and explain how it affects individuals.
2. What are some challenges faced by individuals with dyslexia in reading and writing?
3. Describe the role of phonological processing in dyslexia. Why is it difficult for individuals with dyslexia?
4. How can dyslexia impact academic performance beyond reading difficulties?
5. Explain the importance of early identification and intervention for individuals with dyslexia.
6. Discuss two strategies or tools mentioned in the text that can help individuals with dyslexia improve their reading skills.
7. What is an IEP (Individualized Education Program), and why is it important for students with dyslexia?

8. How can parents, teachers, and peers support someone who has dyslexia?

**Additional Instructions:**

- Aim to provide clear and detailed responses, referring to specific points from the text.
- Use examples or personal experiences to illustrate your understanding where applicable.
- Proofread your answers for clarity and correctness before submission.

## REFERENCES

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Навчальне видання

КУЛАК Владислав Ігорович, КОВАЛЬ Діана Володимирівна,  
ЛИТНЬОВА Тамара Вікторівна

**Інструктивно-методичні матеріали до практичних занять з  
обов'язкової освітньої компоненти  
«Іноземна мова за професійним спрямуванням»  
для підготовки здобувачів  
першого (бакалаврського) рівня вищої освіти освітньої програми  
«Спеціальна освіта (логопедія)»**