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THE INFLUENCE OF ANIMALS ON PEOPLE

We've heard a lot about influence of people on animals. People started to domesticate animals, make them follow their whims and service their needs, train them as partners for work or circus performers long time ago. Animals are obedient and quick to learn, so people pride themselves as big bosses over the tinier creatures. However, have we ever wondered in what fascinating ways do animals affect people?

The influence of animals on the human is considered to be the human-animal interaction. Some scientists presume that this interaction is not possible because animals have no consciousness. However, most experts in this field agreed that human and animal which are closely related, have inextricable link. This scenario shows that the animal starts to perceive human as a member of his own species. Human starts to humanize animal too. The existence of this human-animal interaction has interesting benefits for people. Nowadays it's not a secret that our four-legged friends can even heal us. Rebecca Johnson, a nurse who heads the Research Center for Human/Animal Interaction at the University of Missouri College of Veterinary Medicine, says that interacting with animals can increase people's level of the hormone oxytocin. Oxytocin not only helps us feel happy and trusting but also has some powerful effects on us in the body's ability to be in a state of readiness to heal and also to grow new cells.

This fact gave us a reason to assume that people who work with animals are less aggressive and less wired for stress than people who, for example, work with people.

LITERATURE

1. Никольская А.В. Зоопсихология и межвидовая психология: учебник / А.В. Никольская. – М.: Эксмо, 2011. – С. 46-50.

